



CEREBRAL PALSY
ASSOCIATION
OF MANITOBA



50
YEARS



inform

ISSUE 2 • JUNE 2024

CPMB is celebrating 50 years in 2024! Your milestones are our mission • #CPProud

INSIDE Westman News Bike Race & more!

From the Executive Director's Desk...

As we get ready for the summer of 2024, we are gearing up to have a full summer of activities, and still cleaning up from our spring Bike Races. I want to celebrate our successes and plan for the future! The Cerebral Palsy Association of Manitoba is 50 years old. Please note that we have keepsakes for sale, such as bicycle licence plates, T-shirts and coffee mugs for purchase online here: supportcerebralpalsy.ca/Events/50thAnniversarySale



I have a lot of people, including Members, volunteers, Westman Committee Members, Susana, and Taryn to thank for the all the hard work. All activities, events, Bike Races, 4 Guys Cycle, etc. take hundreds of hours to organize, figure out and do... well done. **THANK YOU!**

When I was young time seemed to move slower, sometimes I was even bored. Not anymore. 😊

Back in late February, the Westman Committee hosted a public engagement session to hear from folks that live in Westman and Dauphin areas for the Integrated Adult Services Pilot project (IAS). This was to identify and share with the Government of Manitoba and researchers what the gaps are in services for adults with disabilities. If you have a story to share, we will be having a second round of engagement in the fall of 2024.

I want to thank Tyler Blashko, MLA for Lagimodière and all the MLAs for the acknowledgement on our Association's 50th Anniversary.

On March 21st, Susana and I went to Winkler to celebrate the **United Way Pembina Valley's** allocation to the

CP Association to support sledge hockey in Winkler. Thank you **United Way Pembina Valley**, we could not do it without you!

On April 20, the **30th annual Westman Stationary Bike Race** took place in Brandon. Congratulations to all volunteers, Committee, Riders and Donors. It was a wonderful day. I would like to thank all for your support. **(See story on pages 2-3)**

Over the last 35 years of the Bike Race, over \$4.5 million has been raised. These funds have kept the lights on and helps CPMB with its important work of supporting individuals and families affected by CP. This happens through education and equipment grants, supplies for needed mobility and communication tools such as iPads, adaptive bikes, van modifications and Hoyer Lifts. The Association also works diligently to advocate for the removal of barriers that will make life in our province more inclusive.

Partnerships, relationships and community are important to the Association. In partnership with **Manitoba Possible** we jointly entered a float in the 2024 Winnipeg Pride Parade. Our tag line "Proud Together" was on the float to show solidarity with the LGBTQ2 community and individuals with disabilities. We are all proud together. **(See story on page 13)**

In this issue, there are invites for the July 11th CPMB evening out at the Goldeyes **(See page 15)** and for the 50th Birthday BBQ on August 8th. **How do you celebrate a 50th anniversary?** By enjoying some finger licking good barbecue with friends. Come on down and a enjoy a night out! **(See back page for ticket info)**

I want to give a personal thank you to Taryn, Susana, Tara and the Board of Directors for making the Association work so well and events succeeding without a hitch.

We hope to see you at our upcoming events!—David Kron 🌟



JOIN US: July 11th for CPMB @ the Goldeyes AND August 8th for CPMB's 50th Birthday BBQ



Cerebral Palsy STATIONARY bike race

2024 • #CPProud for 30 Years!

Results from Saturday, April 20, 2024 • Brandon, MB

Team Rank by Total Pledges

Rank	Team Name	Total Pledges
1	TiAiden's Troop	\$8,520.50
2	Tia's Turtles	\$8,136.20
3	Bakers Dozen	\$6,810.80
4	Catie's Crew	\$5,275.70
5	Redneck Ryder's	\$4,028.30
6	Zach's Pack	\$3,439.20
7	Bryce's Bobcats	\$2,824.10
8	Odins Odyssey	\$2,762.00
9	Cody's Cruisers	\$2,496.00
10	Linden Lanes Leopards	\$2,012.66
11	Dillan's A Team	\$1,950.00
12	Serge's Pedal Pushers	\$1,819.00
13	B's Cirque du Sore Legs	\$1,613.40
14	The Scinocca Team	\$908.00
15	Fusion CU Skeleton Crew	\$320.50
16	Spare Tires	\$102.00
Total Pledges		\$53,018.36

Team Rank by Total KMs

Rank	Team Name	Total KMs
1	Bryce's Bobcats	188.40
2	Catie's Crew	178.80
3	Odins Odyssey	174.30
4	TiAiden's Troop	172.10
5	Cody's Cruisers	170.70
6	Bakers Dozen	160.60
7	B's Cirque du Sore Legs	140.46
8	Redneck Ryder's	140.40
9	Dillan's A Team	130.80
10	Tia's Turtles	127.60
11	Linden Lanes Leopards	110.21
12	Serge's Pedal Pushers	75.00
13	The Scinocca Team	71.50
14	Zach's Pack	67.30
15	Fusion CU Skeleton Crew	62.40
Total KMs		1970.57

Westman News...



This was my second time attending the CPMB Westman Bike Race. In 2024, we are celebrating 30 years of our Westman fundraiser and we did it with a bang! My partner Emily and I arrived on Friday, eager to start setting up. Taking what lessons we all learned last year into consideration, we changed the setup of the room at the Keystone Centre and got to setting up our 14 bikes. We were pleased to see Tom, Eileen and their Committee again, all working away to put on this milestone bike race.

On Saturday, we got up early and headed to the venue, excited for the day ahead. Emily and I were selling 50th-anniversary merchandise, so we were seated in the corner watching the amazing day go by! At one point, I got to fill in as a rider and felt the amazing energy of the Westman Bike Race.

A huge shout out to Tom and Eileen, we could not do this without you! Your hard work is greatly appreciated. Thank you to all of the Westman captains, riders, donors, volunteers, sponsors, supporters, and the Westman Committee — You are all instrumental in making this event a success!

See you next year! —Taryn Fenez 🌟





Thanks to Russ and Brett from **Creation Nation** for being a special part of BOTH our bike races! These amazing guys help families that may require a switch adapted toy. Check out The Makers Making Change program at makersmakingchange.com and learn more at cnm.bnrc.ca

Thank you EVENT SPONSORS!



Thank you PRIZE SPONSORS!

Superior Auto
Prairie West
Jenkins
Leon's
Forman Honda
Lasting Image
B.O.B. Headquarters
Smitten
Garry Hardy Vac Shop
Andrea Thiessen
Sensus
Souris Hutterite Colony
Fun Time Pottery
Rebecca Roozendaal
Ron Lussier
COR Enterprises
Caley Brown Photography
Melissa Parayeski
Farmery Estate Brewery
Neepawa Titans
DQ Neepawa
Justin Cicholski Cleaning
Prairie Fava
The Green Spot



Thank you BRANDON FIREFIGHTERS!

On May 14, 2024, Tom made his way down to #1 Firehall and was presented a cheque in the amount of \$15,516 from the **Brandon Firefighters' 2024 Rooftop Campout**. The Firefighters wanted to thank Tom for all of the work that he and his family have done for Westman! We sincerely thank the Brandon Firefighters for their great partnership as their generosity helps support our activities and Members in the Westman Region! These charitable men also gifted the exact same amount (\$15,516) to Muscular Dystrophy Canada, and they look forward to seeing all of these funds go to support the Westman community! #CPProud #musculardystrophy



Results from Saturday, May 11, 2024 • Winnipeg, MB

Team Rank by Total Pledges

Rank	Team Name	Total Pledges
1	Canada Life 1 and 2	\$33,497.40
2	Ryder's Riders	\$11,731.70
3	Charlotte's Crusaders	\$9,057.80
4	Bruce Family and Friends	\$8,104.30
5	Riders for Richard	\$8,096.00
6	Distance Matters	\$7,974.95
7	Owen's Heros	\$6,849.20
8	Winnipeg Firefighters	\$6,406.60
9	The Toon Squad	\$6,178.96
10	Équipe de Marianne	\$5,795.50
11	Public Interest Law Centre (PILC)	\$5,663.20
12	Para Storm 1	\$4,692.20
13	John & Jeremy's Bike Riding Friends #2	\$4,679.30
14	Ashley and Allyson's Angels	\$4,656.20
15	Kai's Pedal Pushers	\$4,477.00
16	Équipe de Marianne 2	\$4,304.40
17	Lucy in the Sky with Diamonds	\$4,177.60
18	TJ's Ninjas	\$4,151.00
19	Cambrian Cruisers	\$4,065.21
20	Leegals Express	\$3,598.30
21	TDS Tigers	\$3,514.00
22	CP Warriors	\$3,512.60
23	Kaden's Krew 2	\$3,481.40
24	Andrew's Angels	\$3,430.24
25	The Purple Super Novas	\$3,305.80
26	Kaden's Krew 1	\$3,274.70
27	Adam's Angels 1	\$3,255.42
28	Taylor McCaffrey LLP	\$3,240.72
29	Spare Tires	\$3,153.50
30	Les étoiles d'Aminata	\$3,071.50
31	Heather's Hustlers	\$2,938.60
32	Freedom Concepts 2	\$2,888.41
33	Freedom Concepts 1	\$2,541.70
34	The Wheel Deal	\$2,513.00
35	Adam's Angels 2	\$2,456.85
36	Marianne's Knights	\$2,255.50
37	John & Jeremy's Bike Riding Friends #1	\$1,968.50
38	Matt's Maniacs	\$1,802.00
39	AJ's Riders	\$1,612.50
40	Heather's Pedal Pushers	\$1,445.90
41	Prolific Predators	\$1,389.90
42	ICI Properties	\$1,220.00
43	Para Storm 2	\$1,203.50
44	St. Paul's College Student Council	\$1,177.00
45	Squishies	\$988.50
46	Dueck Builders	\$712.00
47	The Riding Crooners	\$697.00
48	Wheeling Together for Community	\$696.00
49	Pub Crawl Bikers	\$557.00
50	Karing for Kaity	\$555.00
51	Wook Up Like This	\$525.50
52	Les Bleus pour Marianne	\$480.00
Total Pledges		\$214,021.06*

*Results as of 31-May-2024 and still counting!

Cycling for CP in Winnipeg...



This year was a particularly special Bike Race. Not only were we celebrating 35 years of cycling for CPMB with **Canada Life** as the Presenting Sponsor since day one, but the association was also celebrating it's 50th! The excitement was palpable as we prepared for this landmark event, loading our vehicles with everything we needed and heading to Blue Cross Park. Arriving at the loading dock, the anticipation grew with each elevator ride up to the concourse, where the vast, empty baseball field and its almost eight thousand seats awaited transformation.

We met up with the amazing volunteer Pit Crew, most of whom I had not seen since last year's bike race, along with some new faces. This first reunion of the year is always a joyous one. In the calm before the storm, we get to catch up and chat while we unload everything. This was my third Bike Race, and every year I am greatly impressed with the skill, kindness, patience and efficiency that the members of the Pit Crew display.

The Friday night before the race is always filled with many moving parts. The biggest part of the night is setting up the bikes for each team, which the Pit Crew does flawlessly! And what would we do without our mobility sponsor, **Freedom Concepts**? Our long-time friends ensure that everyone can participate in this day full of fun. Whether it be adapted bikes or Chill Out Chairs, they help us include everyone!

This milestone fundraising event came along with many special additions. In the morning, before the first ride time, we had a V.I.P. Breakfast courtesy of **Jim Pattison Toyota on Regent**. Captains, volunteers, members and sponsors arrived in advance of the bike race to share in food and fellowship! This was a big hit,





with many people enjoying breakfast in the sun before the big day. A huge thank you to **Jim Pattison Toyota on Regent** for supporting us again this year!

My friends and I have enjoyed the Bike Race so much over the years that we managed to gather enough people for one and a half teams this year! We were teams two and three, which meant I had the privilege of looking over the entire concourse and seeing (and feeling) all of the energy of our record-breaking number of FIFTY-TWO teams!!

As usual, our friends from **McDonald's** also supported us in providing coffee, muffins and milk to the riders, which we are always grateful for. As I walked further into the heart of the Bike Race, we had a lineup of riders anxious to get signed in. And of course, **Aimee's Music** was blasting the best tunes, so every step on the concourse was a little more of a shuffle, with a little more groove. Because of this milestone of a year, we had a group of lovely volunteers selling 50th-anniversary merchandise! I was doing social media all day, and when I went over to them to say "I'm going to take a video for CPMB social media," they did not disappoint! We were moving and grooving and cheering!

A little further down the line, we had **Jim Pattison Toyota on Regent** with an amazing giveaway and some cooling towels! And travelling in from Branodn, we also had Russ from **Creation Nation** come with a table of adapted toys—amazing to see what they have done so that everyone can be in on the fun! We also had the students from **Evolve College of Massage Therapy** providing relaxation massages to our hard-riding cyclists!

continued on page 6...



35TH CEREBRAL PALSY STATIONARY **bike race**

CP MB CANADA LIFE

CP MB CEREBRAL PALSY ASSOCIATION OF MANITOBA | **50 YEARS** | **1974 CP PROUD**

THANK YOU

for your support!

Team Rank by KMs

Rank	Team Name	Total KMs
1	Freedom Concepts 2	329.56
2	Canada Life 1	267.22
3	John & Jeremy's Bike Riding Friends #2	261.92
4	Owen's Heros	257.80
5	Taylor McCaffrey LLP	254.45
6	Canada Life 2	253.23
7	Andrew's Angels	247.04
8	Pub Crawl Bikers	242.80
9	Les Bleus pour Marianne	242.31
10	The Toon Squad	241.28
11	CP Warriors	239.32
12	The Riding Crooners	238.40
13	John & Jeremy's Bike Riding Friends #1	237.90
14	Freedom Concepts 1	237.73
15	Public Interest Law Centre (PILC)	232.36
16	St. Paul's College Student Council	228.29
17	Winnipeg Firefighters	226.24
18	Bruce Family and Friends	219.75
19	Cambrian Cruisers	218.30
20	Heather's Hustlers	212.66
21	Squishies	209.20
22	Leegals Express	206.03
23	Adam's Angels 1	201.42
24	Dueck Builders	198.66
25	AJ's Riders	193.39
26	Lucy in the Sky with Diamonds	186.54
27	Charlotte's Crusaders	183.67
28	Wook Up Like This	182.92
29	ICI Properties	179.17
30	Riders for Richard	178.25
31	Kaden's Krew 1	172.13
32	Karing for Kaity	172.06
33	Équipe de Marianne 2	171.67
34	Équipe de Marianne	160.02
35	Ryder's Riders	155.40
36	Distance Matters	154.89
37	Marianne's Knights	150.25
38	Kai's Pedal Pushers	149.95
39	Ashley and Allyson's Angels	144.31
40	Wheeling Together for Community	143.51
41	Para Storm 1	142.53
42	The Wheel Deal	142.29
43	TJ's Ninjas	138.24
44	Matt's Maniacs	124.47
45	Les étoiles d'Aminata	123.65
46	Kaden's Krew 2	119.60
47	TDS Tigers	117.54
48	Heather's Pedal Pushers	108.73
49	Para Storm 2	99.55
50	Prolific Predators	96.97
51	The Purple Super Novas	82.42
52	Adam's Angels 2	67.09
Total KMs		9745.08

More... Winnipeg Bike Race



continued from page 5...

This is always an amazing treat for our riders. We are so grateful to **Evolve College** for their continued support and soothing massages!

Of course, **Canada Life**, our long-time supporters, were our Presenting sponsor again this year—35 years and counting! We deeply appreciate this partnership. CPMB could not do what we do without their support. Thank you **Canada Life**!

Sincere thanks to Tom Bilous, President, **United Fire Fighters of Winnipeg-UFFW Local 867**, our Faithful Event Sponsor, and Sacha Paul, Team Captain from **Thompson Dorfman Sweatman LLP (TDS)** for making special cheque presentations at this year's race. And BIG thanks as well



to our wonderful emcees, **Janet Stewart**, **Naomi Penner** and **Scott Smith** for their energy and engagement throughout the day!

Another special addition for our 35th race was the costume contest! Thanks to sponsor **Franck Blandignères Language Services (FBLS Translation)**, all teams were encouraged to dress up! Our third-place team was **Adams Angels 1 & 2**, with their angel wings and halos. Coming in second was our **Para Storm Swim Club teams**, who were decked out in tropical shirts and flower leis for the occasion. In first, we had a brand-new team, **The Purple Super Novas**! This team was decked out in purple gear, anywhere from purple witches to purple ghosts. We appreciate everybody's effort and congratulations to our costume contest winners!

Thank you EVENT SPONSORS!



We cannot forget to say a great big thank you to the management and staff of the **Winnipeg Goldeyes** for their continued support. We say it all the time, Blue Cross Park is the ideal location. Not only is it an exciting place to be, it is the perfect venue to be both outside but covered!

None of this would be possible without the hard work of David Kron and Susana Schanel. Every year I think, "wow this couldn't get any better" and every year, it does! Susana is a magical person, putting on such a complex and amazing event, all while full of love.

Together on May 11th, we raised \$214,021.06! This was an amazing achievement for us at CPMB. We are so grateful, year after year, for the outpouring of love and support we witness and receive. We cannot thank you enough, whether you were a captain, rider, volunteer, member, supporter, donor or sponsor, your support was instrumental to this event and **WE COULD NOT DO THIS WITHOUT YOU!** #CPProud
—Taryn Fenez 🌟

Join the CoHabit Mailing List—It is important that you do!



CP MB CoHabit
Live independently. With care.

THE FUTURE FOR ADULTS WITH DISABILITIES

Southwood Circle, proposed home of CoHabit

CoHabit

- is planning for the build of a highly customizable, accessible supported living facility for adults with physical disabilities to live and thrive, with purpose.
- will use an enriched living model and assist the Neighbours who live there, ensuring they have equitable access to individualized, person-centred care.

Tell us how you want to live!
Do you or someone you care for live with a physical disability?

Neighbours will have...

- the responsibility to self-direct their own care and manage decision making to participate meaningfully in daily living.
- the mindset where everyone looks out for each other and everyone contributes to the home environment.
- opportunities for supported employment, skill development, health and wellness, and social activities through a variety of programs.

Scan the QR code for a direct link to the anonymous CoHabit Survey.

Supportive relationships and respect for each individual living and working within CoHabit are essential.

CP MB CEREBRAL PALSY ASSOCIATION OF MANITOBA

Learn more at www.CoHabit.ca
✉ lacey@cerebralpalsy.mb.ca

Are you interested in residing at **CoHabit**?

CoHabit will be an accessible supported living facility for adults with physical disabilities.

We are aware that UM Properties (Southwood Circle) have received intentions of interest under the RFP and are working with potential developers. This is an exciting time; we need to be ready with information for this intended development.

Please aid us in gathering names of those interested in CoHabit by:

- 1) Registering for our "Interest List" if you are interested in residing at **CoHabit**; and
- 2) Sharing this information with your clients, friends, family, other organizations, and anyone you can think of who would benefit from residing at **CoHabit**.



With no costs yet known, if this was affordable to you, visit this link if you are interested in living at CoHabit: <https://forms.gle/5zuUNkfRmF7bjDHf9>



CoHabit
Experience community. With care.

Please respond today, as we are relying on this information.

Kind regards, Margy Nelson, Special Projects Director
Cell: 204-795-6434 • margy@cerebralpalsy.mb.ca



SAVE THE DATE—Camp yAAC 2024

Camp yAAC Day Camp will be held at Camp Manitou in Headingley on: July 23, 24, & 25, 2024 (Tues, Wed, Thurs)

Application Forms will be available on our website at the end of JUNE 2024.

To read more about camp, visit: <https://www.oarc.ca/camp-yaac>

Questions? Please call our office at 204-949-2430

Did you know CPMB has a Legacy Fund?

We've turned 50. It's a **huge** milestone for any organization and, we want to leave CPMB's future in good hands.



LEARN MORE



THE WINNIPEG FOUNDATION
Your Community Foundation For Good. Forever.

#CPProud for today AND tomorrow

Young Carers Study Recruitment

Hello,

My name is Rachelle Sass and I am the Research Coordinator for the Partnering for Young Carers' Health and Well-Being: Co-Designing Policy Recommendations and Research Priorities for Young Carers Across Canada research project, a four-year study funded by the Canadian Institute for Health Research (CIHR). This project is led by Dr. Roberta Woodgate, Professor in the College of Nursing, University of Manitoba and has been approved by the University of Manitoba's Research Ethics Board.

The purpose of the study is to learn from young people about their experiences and needs in caring for a family member or friend in order to improve supports and services for these young carers. We would like to recruit youth through your organization (see recruitment posters below).

What is the study about?

We want to learn about the experiences of youth who provide care to a family member or friend in order to enhance the health and well-being of young carers across Canada.

What is the eligibility for participation?

- Young people 12-30 years old.
- Providing care for a family member or friend.
- Currently residing in Canada.

What can you expect?

- Young people will participate in 2 interviews, with the option of participating in arts-based research.
- All parts of this study are completely voluntary. Participants' identity and information they share will be kept confidential.
- Participants will receive an honorarium (\$30) in appreciation of their participation.

Principal Researcher: Dr. Roberta Woodgate

Distinguished Professor
College of Nursing, University of Manitoba
Roberta.Woodgate@umanitoba.ca

Please contact Rachelle Sass to participate or to find out more:

Phone: 204.474.8620

Email: rachelle.sass@umanitoba.ca

Website: www.umanitoba.ca/nursing

Website: www.ingauge.ca 🌐

RESEARCH PARTICIPANTS NEEDED!
PARTNERING FOR YOUNG PEOPLE CARING FOR FAMILY AND FRIENDS STUDY

Participation eligibility:

- Age 12-30 years
- Assisting a family member or friend
- Residing in Canada

What you can expect:

- Share your experience as a young person supporting someone you care about.
- Express yourself by creating an arts-based activity.
- All participation is voluntary and your identity is confidential.
- You will receive a gift card!

"It felt unfair. I felt alone giving care to my grandfather. I had resentment as none of my dad's family helped."
-Quote from a young person helping a family member

Interested?
Contact:
ingauge@umanitoba.ca
204-474-8220

Principal Investigator:
Dr. Roberta Woodgate
College of Nursing

University of Manitoba

IN-GAUGE
Improving care for children and youth

Join our Research Study!

Let's make art and talk about supporting someone you care about!

Eligibility for participation:

- Age 12-30 years
- Providing care for a family member or friend
- Currently residing in Canada

Interested?
Contact:
ingauge@umanitoba.ca
204-474-8220

What you can expect:

- Schedule a virtual interview, including on evenings and weekends!
- Create artwork of your preference: video, music, painting, etc.
- All participation is voluntary, and your identity will be kept confidential.
- You will receive a gift card!

"I had resentment as none of my mom's family helped. We couldn't leave the house to go on vacations and stuff on my birthday anymore, because we had to take care of him (relative)."
-Quote from a youth caring for a family member

Principal Investigator:
Dr. Roberta Woodgate
College of Nursing,
University of Manitoba

University of Manitoba

IN-GAUGE
Improving care for children and youth

****IMPORTANT DEADLINE****

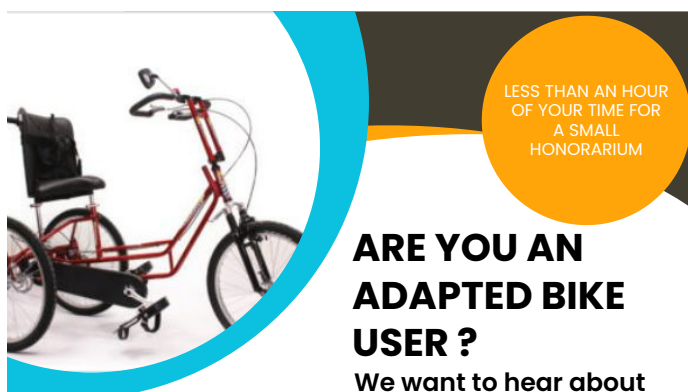
MDC Class Action Claim DEADLINE is June 27!



If you or a loved one lived at MDC from between July 1, 1951 and May 29, 2020, and were alive as of October 31, 2016 you may submit a claim.

Visit <https://mdcclassactionsettlement.com/> or call 1-844-306-0263 for more information.

To claim compensation under the settlement, you must submit a claim before June 27, 2024.



ARE YOU AN ADAPTED BIKE USER ?

We want to hear about your experience using your bike!

ELIGIBILITY REQUIREMENTS:

- ✓ The bike rider is between 6 and 17 years old
- ✓ The bike rider has owned or used an adapted bike for at least 6 months
- ✓ The bike rider and a parent are willing to participate in a one time interview



Interviews can occur virtually or in person with flexible scheduling

FOR MORE INFORMATION OR TO BOOK YOUR APPOINTMENT:

Dr. Jacquie Ripat
(204) 318-2558
jacquie.ripat@umanitoba.ca



University of Manitoba

Version 4, January 12, 2024
Children's Injury Adaptive Bicycles: Influence on Quality of Life and Social Participation

Thank you all for Supporting CPMB...

- Cerebral Palsy Association Members
- To All the Sponsors, Golfers, Donors & Volunteers of the CoHabit Project
- To All the Sponsors, Riders, Donors and Volunteers of both Bike Races
- City of Winnipeg Charitable Fund (Funded by Employees & Retirees)
- Dr. Alfred E Deacon Medical Research Foundation
- The Field of Dreams Foundation — Winnipeg Goldeyes
- Reston & District United Appeal
- The Prairie Dawn Foundation
- Tracy Taylor — Andrew Malo Memorial Scholarship
- Pembina Valley United Way
- Donations in Honour of Catherine Lambeth
- In Memoriam — Rita Paynter
- In Memoriam — David Klassen
- In Memoriam — Jeff Bruce
- In Memoriam — Mr. Reg Shriver
- Brandon Mobility — Open House
- Brandon Firefighters — 2024 Campout
- Westman Group Inc.

THANK YOU!
We could not do this without you!



CPMB in our Community...

The 4 Guys Ride again for CP!

The annual **Four Guys Ride** happened on **September 13, 2023**. CPMB has the great fortune to be selected by Dean, Greg, Bryan and Kevin, who took their yearly ride and added a fundraiser component. We recognize the generosity of their supporters and thank them for partnering with us. On March 5th, we visited **Freedom Concepts** to present a Chill-Out Chair to Ally and a bike to Gio. Ally was super relaxed in her fancy red chair and Gio's Freedom Concepts bike is ready and waiting for him—we wish Gio a speedy recovery! Thank you to the **Four Guys, Ken, Gabrielle, Larry and the entire Freedom Concepts Team** for all taking part in this special presentation! #freedomconcepts #CPProud 🌀



Winnipeg Goldeyes Field of Dreams Foundation gifts Anthony a FCI Bike!

On March 13th, we were back at **Freedom Concepts** with **Winnipeg Goldeyes Field of Dreams Foundation Treasurer Andrew Collier** (left) to present six-year-old Anthony with his awesome new, custom built Freedom Concepts bike. Also pictured are Anthony's parents Travis and Lindsay, with David.



Since 1995, over 20 Manitoba children have received bikes of their own through the support of the **Field of Dreams Foundation—Thank you Goldeyes!** #LetsGoGoldeyes #CPProud #freedomconcepts 🌀



Volunteers Needed for a Research Study

Principal Investigator:

Dr. Sarah Munce



CONTACT INFORMATION:

For more information, please contact:
Eleni Patsakos
eleni.patsakos@uhn.ca

Date Posted: 4-Apr-2024

Version Date: 13-Feb-2024

Participate in a research study exploring the expectations of transition and meaning of compassion with transition-aged youth with Cerebral Palsy or Acquired Brain Injury

What is this study about:

- Our goal is to understand the expectations of transition to adult-oriented rehabilitation and community services, and the meaning of compassion and compassionate care from pre-transition youth cerebral palsy (CP) or acquired brain injury (ABI)

Who can participate?

We are looking for:

- **20 youth (age 12-17) diagnosed with CP or childhood-onset ABI** & able to communicate in English
- **20 parents/caregivers of youth** diagnosed with CP and childhood-onset ABI & able to communicate in English
- **20 healthcare providers** (including pediatricians, physiatrists and allied healthcare professionals) with experience or knowledge of healthcare transitions for youth with CP or ABI and currently providing care for transition-age youth for at least one year

What's involved?

- **One virtual interview approximately 60 minutes** in length asking participants about their perspective and expectations of transition from pediatric to adult care services and how they conceptualize compassion.

Potential Benefits?

Sharing your experiences will help us to:

- Improve the delivery of compassionate care for youth with childhood-onset disability
- Improve current transitional care programs and inform the development of a **youth- and family-informed virtual peer navigation program**

Please note that communication via e-mail is not absolutely secure. Thus, please do not communicate personal sensitive information via e-mail.

More CPMB in our Community...

Special Member's Statement

Many thanks to **Tyler Blashko, MLA for Lagimodière**, who on April 15th, read a Member's Statement to the Manitoba Legislative Assembly in recognition of the Cerebral Palsy Association of Manitoba's 50th Anniversary. David Kron (ED) Tara Schaan (Board President) and CPMB Members were on hand in the Gallery to take in the reading. The recognition of our Association's extraordinary commitment to the CP Community in Manitoba over the years is sincerely appreciated. #CPMBCelebrates50years 🌟



"Your milestones are our Mission" CPMB Sign up in lights!



CPMB's partnership with the **Winnipeg Goldeyes** and their **Field of Dreams Foundation** is truly special. Thank you Regan Katz and Team for helping make our bike race feel at home at the ballpark **and for your generosity in having CPMB as a recipient charity of 50/50 draws at games and our CPMB events!** Your next chance to win is July 11th. Join us for CPMB at the Goldeyes (**see page 15 for ticket info**). #CPProud #LetsGoGoldeyes 🌟

Encourage Giving with a Special Event Fundraiser



Celebrating a special event and want to give back to your community? In lieu of gifts, encourage your friends, family and attendees to embrace the spirit of giving to CPMB! **Contact us TODAY to set up a custom donation webpage for your event!** 🌟

CPMB happy to be part of McHappy Day on May 8th

McHappy Day was a fun time for Susana collecting donations and selling fancy socks in support of **Ronald McDonald House Charities®**.



A portion of the sales of every item purchased on McHappy Day also supported the cause! **We love McHappy Day!** 🌟

CPMB PROUD TOGETHER with Manitoba Possible at Parade

The skies remained clear and sunny for the **2024 Winnipeg Pride Parade** on Sunday June 2nd. **CPMB was PROUD to partner with Manitoba Possible** on a joint float celebrating our tag line "Proud Together" to show solidarity with the LGBTQ2 community and individuals with disabilities. **We are all proud together!** 🌈



Looking great with her new CPMB 50th license plate!

Karen is helping us celebrate in style with her CPMB 50th Anniversary commemorative license plate! T-shirts



and mugs are also **FOR SALE**, all in support of CPMB! Order NOW—Quantities are Limited! #CPProud 🌈



CPMB
Stayin' Alive!



CEREBRAL PALSY
ASSOCIATION
OF MANITOBA

2024 SAVE THE DATES

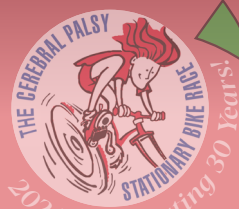
January 12



CEREBRAL PALSY
ASSOCIATION
OF MANITOBA

**Happy 50th
Birthday
to us!**

April 20



**Keystone Centre
Brandon**

May 11



**Blue Cross Park
Winnipeg**

June 18

**CoHabit
Charity Golf
Tournament**

**Glendale G&CC
Winnipeg**

July 11

**CPMB at the
Goldeyes
+50/50
in support of CPMB
Blue Cross Park
Winnipeg**

August 8

**CPMB
50TH
BIRTHDAY
BBQ
Blue Cross Park
Winnipeg**

November 30

**HOLIDAY
Bowling
Party**

**Uptown Alley
Winnipeg**

December TBC

**AGM
Annual
General
Meeting
Winnipeg**

Your milestones are our mission.



CEREBRAL PALSY
ASSOCIATION
OF MANITOBA

**50
YEARS**



JOIN US for



**CEREBRAL PALSY
ASSOCIATION
OF MANITOBA**

at the...

GET:

- game tickets
- hot dog/drink voucher

**SPACE IS
LIMITED**

- Do you require a wheelchair spot?
- Let us know how many adults and children would like to attend.



VS



Kansas City

Thu July 11

@Shaw Park
One Portage Ave East
Winnipeg, MB R3B 3N3

**Game time
6:30 pm**

**DON'T
WAIT...**

RSVP by Wed June 26

CONTACT DAVID

davidk@cerebralpalsy.mb.ca
(204) 982-4842 or 800-416-6166

Help us celebrate with fun, 50th Anniversary commemorative items FOR SALE, all in support of CPMB!



**CEREBRAL PALSY
ASSOCIATION
OF MANITOBA**

**50
YEARS**



ORDER

Order online: cerebralpalsy.mb.ca

OR Submit your order below to the CPMB office today...



**\$10.00 each
Bicycle License Plate**

50th Anniversary CPProud Established 1974 custom bicycle license plate made from recycled aluminum. 6" w x 3" h



**\$15.00 each
Ceramic Mug**

50th Anniversary license plate full colour wrap-around image. 11 oz.



**\$30.00 each
Unisex Jersey Vneck T-Shirt**

50th Anniversary license plate full front decal. Bella+Canvas pre-shrunk 90/10 cotton-polyester blend. Heather slate. Sizes: XS, S, M, L, XL, 2XL, 3XL



**\$30.00 each
Ladies Jersey Vneck T-Shirt**

50th Anniversary license plate full front decal. Bella+Canvas pre-shrunk relaxed fit 90/10 cotton-polyester blend. Heather slate. Sizes: S, M, L, XL, 2XL



**\$25.00 each
Youth Jersey T-Shirt**

50th Anniversary license plate full front decal. Bella+Canvas pre-shrunk 90/10 cotton-polyester blend. Heather deep teal. Sizes: S, M, L

PICK-UP IS FREE. Select your preferred pick-up location:

- _ Pick up at CPMB Office, 903 - 213 Notre Dame Ave., Winnipeg
- _ Pick up at Westman Bike Race, April 20, 2024 in Brandon, MB
- _ Pick up at Winnipeg Bike Race, May 11, 2024 at Blue Cross Park

**We will contact you to schedule a pick-up time.*

YOUR ORDER:

Bicycle License Plate

Ceramic Mug

Unisex T-shirt

Ladies T-shirt

Youth T-shirt

Quantity

Size

n/a

n/a

BUYER INFORMATION:

FIRST & LAST NAME

EMAIL

PHONE

ADDRESS

SHIPPING INFORMATION:

If you prefer to have your order delivered to you, confirm your shipping details (if different from the address above).

_ Shipping within Manitoba is \$10 per order.

_ Shipping outside of Manitoba is \$25 per order.

FIRST & LAST NAME

PHONE

ADDRESS

PAYMENT: For offline orders, to pay by credit card or e-transfer, call Susana at 204-915-8844.

TICKETS ON SALE NOW
CPMB 50TH BIRTHDAY BBQ
Thursday, August 8th, 2024
Blue Cross Park, Winnipeg



CEREBRAL PALSY
ASSOCIATION
OF MANITOBA

50
YEARS



Complete this form, tear off page and scan/email or snail mail to the CPMB Office — thank you!

**JOIN US FOR A
SPECIAL EVENING
IN THE GOLDEYES
OUTFIELD
CELEBRATING
CPMB'S 50TH
ANNIVERSARY!**

Doors open 5:15 pm
Cocktails until 6 pm
Dinner from 6–8:30pm
Program at 7:30 pm

Your evening includes:

- BBQ Dinner Buffet and Live music
- 50/50 tickets and CPMB 50th Anniversary Gear for purchase
- Complimentary non-alcoholic beverages
- Cash bar—sample our Special CPMB cocktail
- A journey down memory lane AND a great night with CPMB Family & Friends!

ORDER TICKETS ONLINE:

supportcerebralpalsy.ca/Events/50thBBQ/

OR Submit your order below to the CPMB office today...

COST PER TICKET (1–7): \$45.00 each
COST PER TABLE of 8: \$325.00 (\$35 savings!)

YOUR ORDER: **Quantity**
Single Ticket _____
Table of 8 _____

Any dietary restrictions? Please advise if you or anyone at your table requires:

- ☐ **Gluten free** _____
- ☐ **Veggie/Vegan** _____
- ☐ **Other** _____

TABLE CAPTAIN (BUYER) INFORMATION:

FIRST & LAST NAME

EMAIL

PHONE

ADDRESS

PAYMENT: For offline orders, to pay by credit card or e-transfer, call David at 204-982-4842

GUEST NAMES & DIETARY RESTRICTION requests
DUE July 31—susana@cerebralpalsy.mb.ca



www.cerebralpalsy.mb.ca



@CerebralPalsyAssociationOfMb



@CerebralPalsyMB



@cerebralpalsymb



The Cerebral Palsy Association of Manitoba



Direct line 204-982-4842
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Fax 204-982-4844
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Winnipeg, MB R3B 1N3