

INFORM



The Cerebral Palsy Association of Manitoba

NOVEMBER 2014

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Upcoming Events...

Saturday Nov. 15

Annual General Meeting
Canad Inns
1495 Pembina Hwy Room
Ambassador A
1:30 to 4pm

Saturday Dec. 13

Holiday Christmas Party
Academy Lanes
394 Academy Rd.
1:30pm to 4:00 pm

Saturday March 7 2015

Annual Stationary
Bike Race – Winnipeg
Wellness Institute

Saturday March 21 2015

Westman Stationary
Bike Race – Brandon

CP Manitoba tried several new things this summer and fall, with mixed success.

We booked the “tried and true” **BBQ/Picnic**, (cancelled due to the down pour and cool weather), **A Sunset Dinner** (wonderfully dry and clear) and an evening at a **Goldeyes Game**, (delayed due to rain for 5 hours). These are the joys and disappointments of having outdoor events.

We will have the BBQ again in 2015, again in late August. Hopefully, we will have better luck. There were over 60 members registered for the BBQ.



The Goldeyes game was a success; we had over thirty tickets sent out to members. However the rain came and the 5 hour delay messed up people’s transport, respite and family plans. Those who were able to make it had a great evening, and all agreed we should try again next year.



We did have a great evening in July for the Sunset Dinner. The dinner and activities were held at Fort Whyte Alive. Everyone enjoyed the opportunity to get out of the city, watch the nesting geese, catch up with old friends and new, and enjoy a Bison Lasagna dinner. We had a campfire and toasted marshmallows, (more burnt than toasted for me - I need to get in some practice for next year!). There were over 30 members in attendance.

See more photos on pages 4 & 7.

(204) 982-4842 ◦ **FAX (204) 982-4844** ◦ **1-800-416-6166 (MB. only)**
www.cerebralpalsy.mb.ca ◦ **EMAIL office@cerebralpalsy.mb.ca**

Thank you...

October 21, 2014

Cerebral Palsy Association of Manitoba
105-500 Portage Avenue
Winnipeg, Manitoba R3C 3X1

Attention: Board of Directors and Grants Committee

Dear Members:

We are writing to express our heartfelt thanks for the very generous grant Shaun received to purchase his manual wheelchair. He received the wheelchair in mid August and after a few hasty adaptations, he was off to a very special wedding in Toronto. The wheelchair was so easy to travel with and for the first time in a long time, Shaun was able to actually eat at the table with everyone and not have to use his wheelchair tray. What a treat! Shaun has just moved into his new home and the wheelchair is so much easier for him to wheel. This is fabulous for his independence. Thank you again so much.

Sincerely,

Shaun, Doug and Wendy Arbuckle

Manitoba Riding for the Disabled Association

called to let CPAM

Members know
that there

waiting list is
really short.

Contact Peter or
go to www.mrda.cc



Peter A. Manastyrsky
Executive Director
Email: exedir@mrda.cc

145 Pacific Avenue, Winnipeg, MB R3B 2Z6
Phone: (204) 925.5905 Fax: (204) 925.5792

Special Thanks to:

- Cerebral Palsy Members
- Manitoba Hydro Employees– Selkirk & Interlake
- City of Winnipeg Employees' and Retirees' Charitable Fund
- St. John's Ravenscourt School, Charles T. Chow Award – Cole Magnus Winner
- United Way Winnipeg
- Rural United Way – Morden & District
- Rural United Way – Altona /Gretna
- Rural United Way – Winkler & District
- Dreams Take Fight
- Birthday Wishes for Rita Leydon & Joan Dancho
- Birthday Wishes for Deanna Ng
- 60th Anniversary Wishes for Ron & Ida Light
- Bequests in Memory Irwin Thiessen



WESTMAN NEWS & NOTES

The Westman Chapter of the Cerebral Palsy Association has had a busy summer.

One of the more unique fundraisers was the "World's Largest Poutine". **Joe Beeverz Bar & Grill** in Brandon set a new record in the Guinness Book of World Records for the largest serving of poutine at 1949 lbs on Canada Day!

They served the poutine for free and asked the audience to make donations to the Riverbank Discovery Centre and the Cerebral Palsy Association of Manitoba (Westman Chapter).

I am happy to report that Joe Beeverz raised \$1500 for CP. All the monies will stay in the Westman area and will be used for a special piece of equipment needed by a member.

The Brandon Wheat Kings & The Keystone Centre have donated 20 tickets for the upcoming season.

Contact the Association on why you are a Wheat Kings Fan and we'll try to set you up with tickets (first come, first serve).

Contact us by email: office@cerebralpalsy.mb.ca or on Twitter: [@CerebralPalsyMB](https://twitter.com/CerebralPalsyMB).



A "STEPTACTOR" SEPTEMBER



I would like to thank all the members and partners that took part in "Steptember".

Steptember is a fundraiser for most of the CP Associations across Canada. We raised over \$2000, and \$125 000 was raised across Canada. Participants entered their daily steps in to the Steptember website to climb a series of virtual mountains and measure their progress

against teams from across Canada, the USA, Europe and Australia.

Our top team was "Steptactor", who raised over \$1000.00 and completed the most steps.

Our top corporate supporter was **Freedom Concepts**.

Look for further information after the 2015 Bike Race.

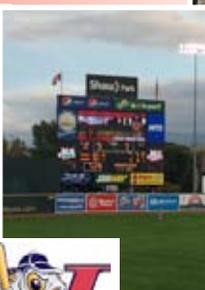


Team "SEPTACTOR"



Freedom Concepts Steptember Team

More pics from the Goldeyes Game...



Thank you Ryan Nelson, Family & Friends!

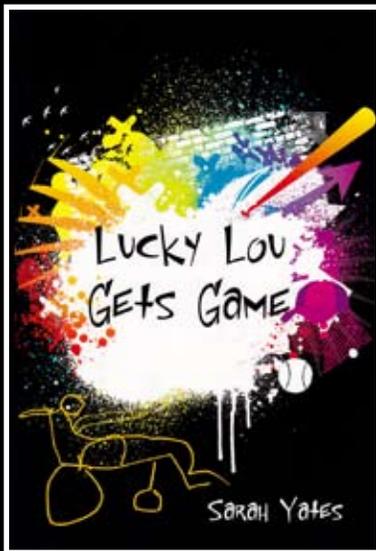
Five years of success and support for CPAM!

I would like to thank **Ryan Nelson and his family and friends** for putting on the “Walk for CP” in Flin Flon. Due to changing commitments, 2013 was the last walk. I do want to pass on our best wishes from the members, the Board of Directors and myself. Great Job!



LUCKY LOU IS BACK – IN TIME FOR CHRISTMAS

LUCKY LOU GETS GAME will be available as a downloadable audio book December 1.



LUCKY LOU GROOVES IN A HEARTBEAT will be available in print that same day.

CONTACT
www.gemtab.ca
to order and for more details.

CONGRATULATIONS



Congratulations to **Mindy Tucker** on your recent Graduation from the University of Winnipeg!



Conductive Education

An educational rehabilitation system developed for children and adults who have motor disorders

Effective for Individuals with:

- ✦ Cerebral Palsy
- ✦ Acquired Brain Injury
- ✦ Stroke
- ✦ Multiple Sclerosis
- ✦ Spina Bifida
- ✦ Parkinson's



To learn more:

The Movement Centre of Manitoba
1646 Henderson Hwy
Winnipeg, MB R2G 1N7

204-489-2679

info@movementcentre.ca
www.movementcentre.ca

5th Annual Move 'N Groove-a-Thon

Saturday, May 2nd, 2015
www.movengroove.ca



The Movement Centre of Manitoba



@MovementCentre



Laura Schnellert has been hired by LIFE to manage a new project.

The goal of the project is to bring together interested individuals and families informal settings to talk and about models of support that can lead to people living their best lives.

For more information please call or email Laura for more information. Life Office:
204-784-4810 or laura@icof-life.ca

SWIM DAYS AT NORTH CENTENNIAL POOL

For who?

- Clients of RCC and their families &
- Members of the Cerebral Palsy Association of Manitoba

All abilities welcome!

- Meet other families for fun and networking.
- Check out the accessible facilities.
- Adapted change rooms are equipped with ceiling track lifts. If you use a mechanical lift for your child, please bring your own sling.
- There are also water wheelchairs and ramp entry to the pool.
- Check out our adapted flotation and life jackets. All are available for loan!
- Snacks, table games, and crafts will also be available.

When and where?

- *Four dates to be determined in Spring 2015*
- *Stay tuned for Register information.*
- Bring the whole family!
- North Centennial Pool:
90 Sinclair Street, Winnipeg
- Free of charge for families

*Staff will be available to help with changing.

THE RBC Therapeutic Recreation and Wellness program is part of RCC's LIFE program, and is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at www.crf.mb.ca



REHABILITATION
CENTRE FOR
CHILDREN

633 Wellington Cres • Winnipeg, MB R3M 0A8
Ph (204) 452-4311 • Fax (204) 477-5547



Therapeutic Recreation
and Wellness Program



More pics from the Sunset Dinner...



Cerebral Palsy Association of Manitoba HOLIDAY BOWLING PARTY

WHERE: Academy Lanes
394 Academy Rd.
Winnipeg, MB

WHEN: Saturday, DECEMBER 13, 2014
WHAT TIME: 1:30 – 4:00 PM



Come out to celebrate the Holiday Season
with good friends, good food, and good fun.
Contact the office immediately if a sign interpreter is needed.

**Bowling
CHRISTMAS PRIZES TO BE WON.**

COST is FREE for Members & their personal attendants or interpreters.

Space is limited – RSVP EARLY

DEADLINE DATE to RSVP – Wednesday, DECEMBER 10, 2014.

Contact the office to register at: 204-982-4811 or 1-800-416-6166
Email - davidk@cerebralpalsy.mb.ca

Pizza & Snacks will be served.
Please notify us of any food allergies, diet considerations

WE WOULD LIKE YOU TO JOIN US AT THE 2015 BIKE RACES?

WINNIPEG, MARCH 7 - Wellness Institute - 1075 Leila Ave.
9:30 am—4:30 pm * Earlier start time

BRANDON, MARCH 21 - Towne Centre, 800 Rosser Ave.
10:00 am—5:00 pm

Enter a team or support these events by sponsorship.

For more information contact the Cerebral Palsy Association at 204-982-4842 or 1-800-416-6166
Information on the Bike Race is on our website - www.cerebralpalsy.mb.ca

