

INFORM



The Cerebral Palsy Association of Manitoba

MAY 2017

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SAVE THE DATES

May 18th – Boccia for All

June 8th – Boccia for All

June 15th – Bomber Game

July 12th – Join us
at the Goldeyes Game

July 27th – Bomber Game

August – Membership
renewal notices mailed out

October 15th –
Deadline for Scholarship
Applications

October 28th –
Annual General Meeting

November 4th –
Westman Retreat

December 2nd –
Christmas Holiday Party

March 10th 2018 –
Winnipeg Bike Race

March 17th 2018 –
Westman Bike Race

THANK YOU FOR ANOTHER GREAT YEAR...BIKE RACE TOTAL \$195 704.40!

The CPAM Stationary Bike Race is always a lively affair and with 46 teams, including two half teams, it was livelier and dare I say it, louder than ever? Six new teams joined us this year from both universities all keen to fundraise with the rest of the folks. Right up until race day, calls were coming in about forming a team and helping us fundraise for CP. Thank you everyone. Together, we raised \$195,704.40 Race Day.



Was it the digital ads that did it? On Portage Avenue, both 201 Portage and opposite

Polo Park and another out on Roblin Boulevard boasted about the race. Our poster boy was **Draycen Ralph**, an amazing cyclist in his own right and a valuable member of the **Winnipeg Police Blue Spokes team**. He presented an energetic smiling face for the race. Blue Spokes Team were once again trophy winners, clocking the most km. Second place was **EY**, weekend warriors with hidden talents beyond counting, closely followed by **Great-West Life**. The competition for trophies is keen. Congratulations everyone.

Once again, the **Great-West Life** team raised a record amount of money to contribute to our coffers. Thank you **Chad Fowlie** for taking over the reins and proving you can do it too. Final results with numbers attached and the second and third runner-up teams will be announced shortly.



CBC Manitoba joined us this year contributing sports water bottles for every rider and volunteer. All the bottles were filled on race day by a new team of volunteers. Team captain **Nancy Steckler (Steingarten and Company)**,



Kevin Jones, Judy Redmond, Rita Denedchezhe and Samantha Mitchell assisted

by a crew of CBCers managed the task folks told me was undoable! Thank you for helping me prove those naysayers wrong. For those of you who didn't see it on our website or theirs, CBC contributed a lively promo. Look back and see.

McDonalds Leila woke us all up with fresh coffee and muffins. **Ryan McCullough**, owner/manager of McDonald Leila kept up the hospitable tradition despite their new individual owner structure. McDonalds has



worked with us for more than twenty years.

Rick Tucker, Red River Coop's amazing baker,

stayed up all night before the Race to bake 41 dozen bagels. Fresh and fabulous, they were gobbled up pretty fast. At a guess, I'd say cheese bagels were the most popular and anyone who scored one of those was just plain lucky. Our ladies in the refreshment room **Sharon Tumber, Tracey Taylor and Charlotte Jessamine** aided by the Girl Guides of Canada, 408th Pathfinders Unit couldn't hold onto them long enough for me to taste!

2017 BIKE RACE *continued from PAGE 1*

The Dairy Farmers of Manitoba contributed 730 bottles of chocolate milk, which were gulped down pretty fast. Without doubt, they contributed to the energy.



Founding sponsor Taylor-McCaffrey took over our I-Pad Draw this year. If you

bought a ticket you also took home a recycled bag. Donna Neufeld, mother of the captain of our new CIGI Team was the happy winner of a beautiful gold I-Pad Air. Nice prize if you can get one!

We couldn't manage without our volunteers: people like Mike Forbes who have been greeting you at the front Desk for umpteen years and still continues in the role. Naomi Penner, assisted by Hunter Brass, Fran Held and a couple of others hosted the Volunteer Lunchroom. Under the auspices of our new bookkeepers Liz and Kristen, a whole crew



of KPMG folks, Laura Klassen, Pat Locken and Margaret Murray-Haddad manned the Money Room.

Wow! What an awesome group effort.

Robertson College's Massage Therapy Students put in a grueling team effort as did their teachers.



Robertson College teams KranX and Coasters also provided more than 300 free massages for tired riders lucky enough to find a spot on the tables.



I would be remiss if I didn't mention Freedom Concepts,

whose customized bicycles are ridden by members with CP, older folks and others for whom riding an ordinary two-wheeler is difficult or impossible.

Under the able leadership of Uncle Larry Franz and Neil Haas, the Pit Crew of volunteers



makes sure all bikes are functional, collecting stats, sizing the bikes for every rider and raising dozens of seats in a day. Customization goes on all day.



With dancer/choreographer Brenda Gorlick and our favourite AJ from Aimes

Music pumping up the encouragement, time fled fast. Janet Stewart, part of the CBC team and a regular favourite at CPAM Stationary Bike Race closed the day with her usual panache.



Funny thing about the bike race: it takes months and plenty of people power to get it organized and after 12 hours of one long day, it's gone for another year.

For months in advance, the bike race committee meets and contributes ideas and backs up or challenges my wackiest ones. Thank you, Susana, Kelly and Samantha. At CPAM, we are blessed with a good board. Every one of them participated on Race Day and whether it is Franck Blandignères',



champion advocacy for more teams battling it out with Tara Birch for the number one spot, hands-on help is guaranteed. That support is essential and much appreciated by David and I.



That's it folks, more later. Thank you all of you for making my job often pressured but always rewarding.

See you next year, Saturday, March 10, starting at 9:30 a.m. at the Wellness Institute, our marvelous Host Sponsor.



WESTMAN NEWS & NOTES

The 24th Annual Stationary Bike Race in Brandon took place on March 18th. It was a low key but fun event where 11 teams of riders each put the pedal to the metal. The race was held at the Towne Centre. Each year the goal is to put the “fun” in fundraiser. The proceeds go to the Cerebral Palsy Association members in the Westman area.

New this year, we were joined by the Firefighters, who came down off the roof to join our race, and supporters to cheer on the riders. After the race ended and everything stored away we joined the Firefighters for a Bud, Spud & Chicken dinner at Canad Inns Brandon.

A total of \$46 000.00 was pledged and collected by the determined group of volunteers. The planning is already started for the 25th Annual race in 2018. I would like to thank all the volunteers at the race and

throughout the year, whose hard work makes the Westman Chapter such a successful apart of the Association.



“The Firefighter Campout” was started 12 years ago in Edmonton, AB, as a fundraiser for MD (Muscular Dystrophy). New for this year’s “Brandon Campout”, the Brandon Firefighters added the Cerebral Palsy Association of Manitoba as one of their recipient groups. So the Brandon Firefighters Charity, Muscular Dystrophy Manitoba and CPAM will all share a portion of the proceeds. The money will stay in the Westman area, to support activities, equipment grants, scholarships and the personal support worker program.

TEAM SUMMARY

TEAM NO.	TEAM NAME
1	Melissa's Marvells
2	Brandon Mobility
3	Red Neck Riders
4	TiAden's Turtles
5	Tia's Troop
6	Bryce and Maddy's Crushers
7	Maddy and Tabby's Mustanges
8	Ride'n with Rayna
9	Rayna's Faithfull Riders
10	CP for Cp
11	Cody's Village People

FINAL RACE

KM'S	PLEDGES	KM'S x Pledges
144.1	\$2,574.00	370,913
192.5	\$4,259.50	819,954
179.9	\$3,565.00	641,344
122.6	\$13,196.00	1,617,830
175.6	\$9,247.00	1,623,773
140.1	\$6,344.00	888,794
121.4	\$1,171.00	142,159
140.9	\$1,386.25	195,323
166.0	\$1,833.75	304,403
144.4	\$1,171.00	169,092
108.0	\$1,837.00	198,396

TOTAL

1,290.5 \$46,584.50



TEAM SUMMARY 2017 Bike Race (Race Day Results) After Last Race

Sorted By KMs

TEAM NO.	TEAM NAME	K	KM'S	PLEDGES	KM'S x Pledges
44	Wpg Police - Blue Spokes		443.3	\$2,740.00	1,214,642
3	EY		314.6	\$1,755.00	552,193
45	Great-West Life		310.9	\$39,255.00	12,203,202
4	Taylor McCaffrey LLP		292.7	\$8,321.00	2,435,307
43	Steingarten & Company		292.1	\$1,875.00	547,613
42	Charlotte's Crusaders		285.7	\$5,005.00	1,429,878
17	Fans of Fran		284.3	\$5,370.00	1,526,852
10	Les Bleus Pour Marianne		257.3	\$275.00	70,758
31	Freedom Concepts		248.9	\$1,131.10	281,576
37	Ashley and Allyson's Angels		247.5	\$4,120.00	1,019,700
39	InMotion Network		244.5	\$845.00	206,619
2	Riders for Richard		239.1	\$5,355.00	1,280,273
18	A.J.'s Riders		235.4	\$1,333.00	313,775
7	Investors Group		232.0	\$17,361.50	4,027,174
29	C-Fest Crew		231.9	\$1,305.00	302,643
22	Cambrian Cruisers		225.4	\$2,975.00	670,625
41	Paul-Red's Racers		223.9	\$825.00	184,734
32	Robertson College Coasters		222.3	\$2,062.00	458,362
19	Manitoba Meds 2020		215.8	\$1,290.00	278,343
9	Leegals Express		213.4	\$3,715.00	792,632
12	Equipe de Marianne's Team 2.0		210.4	\$4,575.00	962,580
36	WFD - Firefighters		210.0	\$17,920.00	3,763,379
33	Robertson College KranX		208.1	\$2,227.00	463,461
11	Equipe de Marianne's Team 1.0		202.5	\$925.00	187,322
38	Bruce Family & Friends		201.8	\$7,030.00	1,418,303
14	199 RCACS Phoenix Riders		200.4	\$537.00	107,615
26	Lucy's Express		200.4	\$3,525.00	706,304
23	Bjornson Roofing for Lucy		199.2	\$2,000.00	398,380
34	Chain Gang		197.6	\$2,735.00	540,299
16	Andrew's Angels		197.5	\$3,357.00	663,008
8	Prolific Predators		197.0	\$1,709.00	336,724
15	Ryder's Riders		195.9	\$13,772.00	2,697,935
40	Warriors of Wellness		193.7	\$1,775.00	343,853
6	Out-Spoke-N /Equipe d'Elodie's Team		193.6	\$960.00	185,846
20	St. Paul's College Student Association		193.6	\$1,270.00	245,821
35	Harry and Friends		189.7	\$1,445.00	274,160
13	Winnipeg Wasps Rugby Club		188.3	\$710.00	133,693
28	Lucy's Hockey Heroes		188.2	\$2,391.00	449,891
5	CP Pedalers		186.9	\$4,780.00	893,525
30	CIGI		178.7	\$3,289.80	587,756
21	Heather's Hustlers		177.1	\$1,755.00	310,723
27	Lucy's Bronx Bruins		168.8	\$4,158.00	701,704
1	ParaStorm		153.3	\$2,120.00	325,081
25	Lucy's Royals		149.2	\$1,930.00	288,014
24	Lucy in the Sky with Diamonds		88.8	\$1,895.00	168,276

TOTAL

195,704.4

CPAM GRANTS



Every year, CPAM gets offers to help out our organization. This year, we had the **Winnipeg Watch Enthusiasts Group** approach us saying they wanted to help a member with an equipment grant. This group has over 250 members who have a shared love of vintage and unique watches (P.S. I found out my 1991 Casio didn't make the cut!).

So far, The Watch Enthusiasts have helped out two members in reaching for the stars. In **Coltyn's** case, (Coltyn is a member in Winkler), the funds raised helped to purchase a specialized bike from Germany. "The Duet" is a full wheelchair in the front and a bike in the back. The Duet allows Coltyn to travel in style and safely with his family or friend going for a bike ride. Coltyn needs the support and comfort that this bike brings.



Hockey in any form is still Canada's pastime. For any athlete you need proper equipment that fits and that fits your ability. Our member **Josh** outgrew the basic sledge that the SMD Program could provide. The Grants committee allocated some of the funds from the Watch Enthusiasts raised to get Josh a lightweight sledge.

"GAPS" IN SERVICES FOR ADULTS WITH DISABILITIES DISCUSSION RECAP

On March 21st, CPAM hosted a discussion on the "gaps" in services for adults with disabilities. The meeting was held in support of two members, Amy & Tyson, in conjunction with their human rights complaint. The Public Interest Law Centre is lead counsel in the complaint, with attorney Joëlle Pastora Sala heading the case.

The goals of the meeting were two-fold:

- 1) to share information about the human rights complaints that had been filed by Tyson Sylvester and Amy Hampton, as well as the broader campaign, which seeks to achieve social inclusion for all adults with physical disabilities in Manitoba.
- 2) to hear from individuals and families facing similar challenges about gaps in services, the potential solutions to address these gaps, and issues of priority.

The insights shared during this workshop relating to the gaps in service for adults with disabilities, and solutions for a way forward, are important and valuable to both the Cerebral Palsy Association and

the Public Interest Law Centre. We will be integrating the gaps and solutions in our strategic planning for moving forward with the human rights complaints, but also the activities of the CP Association more broadly. We will continue listening to other interested partners and individuals like you, as all of us are stronger than one of us.

We are looking at the following steps:

- a) Immediately - write to Deputy Ministers (Done)
- b) End of April 2017 - write to Premier if we don't hear anything from Deputy Ministers
- c) Early June 2017 - Engagement with service providers
- d) Mid to late June 2017 - Engagement with individuals and their families (round two)
- e) Summer 2017 - A campaign (social media, survey monkey etc.) on - "tell us your story"
- f) Fall 2017 - Raising awareness event: wine and cheese with politicians

If you want a copy of the summary of notes please call the office, I would be happy to send them out to you.

EXPLORE EXPAND EVOLVE

CPAM received a note from **Sandra Scott**, a long time friend of the CP Association and the former Captain of the Great-West Life Team.

Explore Expand Evolve is a mental health and wellness practice. My good friend and business partner, **Sonya Wurga** and I both received our Masters of Marriage and Family Therapy (MMFT) through the University of Winnipeg and are certified by the Canadian Counselling and Psychotherapy Association (CCPA). We have clinical training with many mental health issues, including PTSD, bipolar disorder, anxiety, trauma, addictions, grief and loss, parenting, separation and divorce.

Our office is located at 336 Main Street, Stonewall, in the Prairie Zen Wellness Centre. We have flexible hours with daytime, evening and week-end appointments available to fit busy schedules. We recognize travelling for appointments can be stressful and sometimes impossible, so we also want to offer your families the option of having therapy right in their home. We would like to invite you to share our contact information with families you feel could benefit from therapy services. Please let me know if you would like more business cards, I am happy to drop off business cards and additional promotional material at your office.

Our focus is to provide therapy services to individuals, couples and families of all constellations, with the goal of improving relationships within these systems. We believe that the MMFT designation is the ideal framework from which to provide these services, as it considers not only the individuals in question, but also the impact of the many systems in which they are immersed. It provides a true 360° consideration of the presenting issues – change cannot be achieved in isolation of context!

Explore Expand Evolve Family Therapy
336 Main Street, Stonewall, MB

Website:

explorexpandevolvefamilytherapy.com

Email:

explorexpandevolve.therapy@gmail.com

Phone/text:

204.981.6736 (Sandra) or

204.794.2817 (Sonya)



**EMPOWERING CHILDREN WITH DISABILITIES THROUGH BASEBALL
IN A LEAGUE, ON A TEAM, IN A UNIFORM**



WHAT IS CHALLENGER BASEBALL?

"Challenger Baseball" is the baseball division that provides the opportunity for children with cognitive or physical disabilities to enjoy the benefits of playing the fun sport of baseball "IN A LEAGUE, ON A TEAM, IN A UNIFORM" and to do so at their own pace and ability while having FUN!

The Challenger Baseball game is played in a safe, recreational environment where there are no strikes, no outs, no score to be kept and everyone's a winner!!! Each player will be provided with an able-bodied "Buddy" who are "mentors" to the Challenger players. Buddies assist with the player's involvement in the game, whether that be assisting players holding the bat and swing for a teed or pitched ball, running with or pushing their wheelchair around the bases, or even providing protection from a batted ball! Each player is registered as a player in a conventional Baseball Manitoba local sanctioned league and will be treated as such by being on a team, having a coach, be outfitted in a uniform and use the same equipment (with adaptations based on the player's individual abilities)!! Of course, just as in any other division, Team and Individual pictures are a must along with a party to finish the season AND a ceremony to receive that coveted team trophy!!! Last, but not least, smiles are plentiful and FREE! Everyone just has fun, isn't that what baseball is supposed to be about?



THIS EXCITING PROGRAM HAS BEEN IN CANADA SINCE THE EARLY '90S AND WE ARE SO THRILLED TO ANNOUNCE THAT REGISTRATIONS FOR THE 2017 SEASON IN MANITOBA WILL BEGIN IN MARCH, 2017!!!

FOR MORE INFORMATION ON HOW YOU, YOUR CHILD OR YOUR COMMUNITY CAN GET INVOLVED, PLEASE CONTACT:

Bobbi Bettle

Provincial Coordinator, Challenger Baseball Manitoba

Ph: (204) 803-8868 Em: bbettle@shaw.ca Web: www.baseballmanitoba.ca/challenger



TICKETS
\$20



RAFFLE
PRIZES

BUD, SPUD & CHICKEN/PASTA

June 9, 2017 - 6:00pm

50/50

TYC
EVENT CENTRE

Canad Inns Polo Park
1405 St Matthews Ave, Winnipeg

MUSIC BY
WEEKS-END
DJ SERVICES



REQUEST TICKETS AT: www.leaguelineup.com/challengerbaseballmanitoba

*MENU INCLUDES: Your choice of Chicken & Baked Potato OR Pizza Slice & Pasta Napoletana
Caesar Salad, Garlic Breadstick & one beverage*

MEMBER PROFILE: ALEXANDRA MICHAELS

On the day before race day, long-time member **Alexandra Michaels** took another step forward for the community when she was recognized by the Canadian Revenue Agency for her work in preparing taxes for the disabled community, for the past eight years, free. She was awarded a Governor General's Sovereign's Medal for Volunteers. In her generosity and her enthusiasm for what she can give, Alexandra is a role model for all of us. For anyone who doubts the abilities of the disabled, she is happy to prove them wrong. That day, she also appeared on CBC Radio Noon to talk about her achievement. "We make a living by what we get, but we make a life by what we give," wrote Sir Winston Churchill. Thank you, Alexandra.



A THANK YOU FROM OUR MEMBER SAMANTHA MITCHELL:

"My new hot pink manual wheelchair is a gift from the CP Association of Manitoba. It fits like a glove and only needs a couple more adjustments. Right now, I have it as a trial though and it is very comfy. It is collapsible and lightweight. Look out world... the pink panther on wheels is on the move! Thank you to the CP Association for this amazing gift. I will be having a ceremony or burial for my old manual chair that I've had since I was 17; it's the end of an era".



2016 BOWLING HOLIDAY PARTY

Sorry for the lateness of this newsletter! We've been busy, and time flew by! Here are some pictures of the 2016 Bowling Holiday Party. We had over 75 members who came out for the afternoon on December 11th, to bowl the perfect game, eat pizza and visit with friends.



FOUR GUYS CYCLE FOR CEREBRAL PALSY

CPAM again had the great fortune to be selected by 4 individuals that took an annual ride and added a fundraiser component. The Cerebral Palsy Association would like to recognize the generosity of those who donated and to Dean, Greg, Bryan & Kevin for partnering with us.

The ride took place on Saturday, September 10th, and was from Clearwater Bay on Lake of the Woods to Kenora and back. This year they raised enough money to purchase a Bike for Diane, a long-time member of CPAM.



The first 100 km bike ride was organized by Dean Keating and took place in the summer of 2007 on the portion of the Trans Canada Trail that goes through Winnipeg. It was organized with a few friends who wanted to exercise during the summer, and then culminate with a longer ride and dinner afterwards. It was decided in 2013 to add a fundraising component to the annual ride. The four friends state, "We wanted to see the funds we raised used locally, so we chose to work with the Cerebral Palsy Association of Manitoba and



Freedom Concepts, a local business that manufactures bicycles for children & adults with special needs. Last year's 100

km ride started south of Beausejour, MB, and followed Hwy #12 north to Gull Lake, and then on to Pine Falls. We have been able to raise over \$13 000.00 in the last three years, enough money to present a new bicycle each year."

Dean Keating, Greg Macaulay, Bryan Toews, Kevin Turner would like to recognize the generosity of those that donated to this great cause.

David Kron is presented with a cheque from Debra Laturnus, All Charities Campaign



CEREBRAL PALSY ASSOCIATION OF MANITOBA

Dedicated to enriching the lives of individuals affected by Cerebral Palsy through programs, advocacy, education, and peer support



All Charities Campaign - Province of Manitoba

This system provides current and retired employees of the Manitoba Government and its affiliates with a convenient method of giving annually to registered charities of their choice. These donations can be made through payroll deduction.

All you need to do is request that your donation be directed to Cerebral Palsy Association of Manitoba (Charitable Business Registration No. (10690 4212 RR0001). The CPAM is listed as [C040] in the All Charities Campaign Catalogue.

See the online catalogue at the All Charities Campaign website: www.allcharitiescampaign.ca.

Download a copy of the All Charities Campaign pledge form.

CPAM SALES CORNER

WHEELCHAIR ACCESSIBLE VAN

2006 Pontiac Montana SV6
166000 kms
Asking 22500 OBO
Contact Trevor or Kristin
at 204-771-5954 or trevorcayer@gmail.com



Prelude Music

creating sharp minds



Behind the Music: The Benefits of Music Therapy

As a young child, part of me always wanted to grow up and become a Ninja. There was something so fascinating to me about their agility, stealth, immense skills, drive and zen-like calm. Now, one might say that I have abandoned that dream since more often than not I'm carrying bags of shakers, bells, and various other instruments with me, announcing my arrival long before you see me. However, I would like to take the time to explain how maybe, just maybe being a music therapist is the Ninja of the Allied Health team.

Music is motivating. Music is fun and engaging. People, children in particular, are naturally musical or at the very least respond to music. As a music therapist, I can use those natural aptitudes as the vehicle/tool to work on non-musical outcomes. Exemplifying the stealth of a good ninja, music therapy also operates behind the scenes. Often times my clients are working extremely hard in their sessions and they have no idea that it's work/therapy. Progress is made towards goals, while they see it as play, fun, and recreation.

The great thing about music therapy is that it is agile enough to work on multiple domains within therapy: speech/language, attention skills, executive functioning, academics, social, and fine/gross motor to name a few. A treatment plan is created based on assessments as well as interviews and is really individually tailored to meet each client where they are, their personal preference for music and includes their strengths into each session as much as their areas of focus.

Common misconceptions are: client needs to have a musical background; limited mobility excludes one from music therapy being an effective treatment modality and/or you have to learn how to play an instrument in music therapy. We believe that everyone can benefit from music, whether you have a background in it or not and no matter your age. In our state-of-the-art studio we have a variety of adapted equipment to allow for maximum creation no matter how limited one's mobility. While some families do have musical goals as part of their treatment plan, it is absolutely not required.

The team of music therapists (Ninjas) at Prelude Music would love to answer any specific questions you may have about music therapy. We are also happy to announce an exclusive promotion for The Cerebral Palsy Association of Manitoba families/subscribers.

Introductory special:

3 sessions + written assessment/treatment plan

30 minutes = **\$97.50 + tax** (value \$120 + tax)

45 minutes = **\$145.80 + tax** (value \$170 + tax)

60 minutes = **\$195 + tax** (\$225 + tax)

For more information please visit www.preludemusic.ca or contact michelle@preludemusic.ca for more information.

2017 SWIM DAYS & BOCCIA



The CP Association partnered with the RCC's Life Program again to bring our members several swim days.

We are going to continue in 2017-2018 year with swimming, bocchia & other activities. We had a solid group out for the 5 dates in the cold of winter. They were November 27 and December 4, 2016, January 15 & 29, and February 19, 2017 from 1:30 - 3:00 p.m.



Look out for the 2017-2018 dates in the fall of 2017.



THANK YOU TO ALL SUPPORTERS:

- Cerebral Palsy Association Members
- Government of Manitoba – All Charities Campaign
- City of Winnipeg Employee & Retirement Fund
- Dr. Darcy Deacon Medical Foundation
- Brandon Sun Jeans Day Participants
- Dreams Take Flight – Winnipeg
- Field of Dreams – Winnipeg Goldeyes
- In Celebration of Stan & Claudette Hall's 50th Wedding Anniversary
- In Memoriam – Mrs. Pat Pinchin
- In Memoriam – Mr. Keith Robertson
- In Memoriam – Mrs. Helen Alexander
- In Memoriam – Mrs. Olga Mazuren
- The Jewish Foundation – Susan Rodgers Fund
- In Memoriam – Mr. Ron Light
- Rural United Way – Morden & District
- Rural United Way – Winkler & District
- Rural United Way – Altona / Gretna



We have openings in our Conductive Education rehabilitation programs for individuals of all ages and levels of mobility with cerebral palsy. Call us today or visit our website to learn more!

T. 204-489-2679 | F. 204-255-2947 | www.movementcentre.ca
1646 Henderson Hwy. Winnipeg, MB R2G 1N7



TAYLOR McCAFFERY I-PAD DRAW

Taylor McCaffrey LLP is a community-minded law firm. As one of our founding sponsors, the firm has always worked to benefit CPAM's Stationary Bike Race. In 2017, they assumed another role for us. They took over the I-Pad Draw. Anyone who purchased a \$20 ticket this year, took home a recyclable bag. Luckiest of all, however, was Donna Neufeld, step-mother to one of our newest team captains, Natalie Middlestead. Thank you, Taylor-McCaffrey for raising \$1720 for the Equipment Grants Program. Congratulations, Donna. Excited to hear about her prize, Donna arrived Sunday after Race Day to pick up her prize and take it home to enjoy.



GO FOR GOLD!

For \$20, you get a 100% recycled, re-usable shopping bag (made entirely from plastic bottles) from **Taylor McCaffrey** And a 1:200 chance to win an iPadAir2.

Cerebral Palsy enriches the lives of individuals and families living with Cerebral Palsy throughout Manitoba.



ALL READY TO GO FOR NEXT YEAR...



UFFW Members and Jeff Bruce, Firefighters Team Captain, present David Kron and Kelly Hunter with a cheque for the 2018 Bike Race Sponsorship.

Call Sarah at 204-982-4811, if you or someone you know has an organization interested in a 2018 Bike Race sponsorship. **SAVE THE DATE: Next year's Bike Race is Saturday, March 10, 2018 starting at 9:30 a.m.!**

WE'RE THERE FOR YOU
Winnipeg Free Press
COMMUNITY PROFILE

cerebral palsy stationary bike **20**race

PRESENTED BY **Great-West Life** ASSURANCE COMPANY

THANK YOU WINNIPEG!
CYCLISTS RAISED OVER \$195,704
cerebralpalsy.mb.ca

There's a lot riding on the Cerebral Palsy Association Stationary Bike Race. Families, firefighters, friends and coworkers, athletes, accountants, volunteers and hockey players did fabulous fundraising to support people living with CP across Manitoba.

Living with cerebral palsy is challenging. Whether you have a foot that drags, arms that defy control, speech that slurs or tube feeding that sustains you, our members meet the challenge a little bit more easily with the Association's support. CPAM gives voice to those that cannot talk, sustains community and promotes participation, providing scholarships, equipment grants, research money, outings and activities, working with other organizations to make the world a more accessible place.

The bike race funds it all. Thank you everyone.



cerebral palsy stationary bike **20**race

PRESENTED BY **Great-West Life** ASSURANCE COMPANY

THANK YOU WINNIPEG!
CYCLISTS RAISED OVER \$195,704
cerebralpalsy.mb.ca

TITLE SPONSOR
Great-West Life Assurance Company

HOST SPONSOR
Wellness Institute

FOUNDING SPONSOR
Taylor McCaffrey

BREAKFAST SPONSOR
McDonald's Leila

EVENT SPONSORS
Freedom Concepts
Dairy Farmers of Manitoba
Genumark Strategic Marketing
InMotion Network
Physiotherapy Clinics
Investors Group
United Firefighters of Winnipeg

MEDIA SPONSORS
CBC Manitoba
Winnipeg Free Press

FOOD & REFRESHMENTS
Rick Tucker, Red River Cooperative
Old Dutch Foods
Corpell Water

PRIZE DONATIONS
Red River Coop
Assiniboine Park Conservancy (the Zoo)
Winnipeg Art Gallery
Prolific Group
The Canister on Osborne
Shopper's Drugmart, Osborne Village
Winnipeg Blue Bombers
Lillian Taylor, artist
Cambrian Credit
Union - Marion Branch
Genumark
Samantha Mitchell
Susana Schanel and H-Girl
The Oakwood Café
Gemma B. Publishing
Osborne Florists
KPMG
The Keg
Winnipeg Symphony Orchestra
Dot.com
Farmery Brewery
Wicker World Home & Patio
Craftier - Winnipeg
Wawanesa Insurance
Out of the Blue
Freedom Concepts
Portage Avenue Family Foods
Avon - Nancy Drahn
Tupperware - Tanyss Duguay

SEE YOU IN 2018!

Approximately 50,000 people in Canada live with Cerebral Palsy.

**THE CEREBRAL PALSY ASSOCIATION OF MANITOBA
INVITES YOU
TO THE FOLLOWING SPORTING EVENTS...**

**WINNIPEG BLUE BOMBER
GAME**



DATE - Wednesday, June 15, 2017
GAME TIME - 7:30 PM
Investors Group Field
315 Chancellor Matheson Rd
Winnipeg, Manitoba, Canada

Call the office for availability and seat choice. Space is limited, please let know how many seats.

Call/email the office with how many and what dates will be attending (adults & children). Priority will be given to members who have not attended a game before.

Davidk@cerebralpalsy.mb.ca
204-982-4842 or 800-416-6166
Deadline to register is June 10, 2017

GOLDEYES GAME



DATE - Wednesday, July 12, 2017
GAME TIME - 7:00 PM
Shaw Park
One Portage Avenue East
Winnipeg, Manitoba, Canada R3B 3N3

Get Game tickets and a voucher for Hot Dog & Drink.
Space is limited.

Call/email the office with how many will be attending (adults & children),

Davidk@cerebralpalsy.mb.ca
204-982-4842 or 800-416-6166
Deadline to register is July 10, 2017

**WINNIPEG BLUE BOMBER
GAME**



DATE - Wednesday, July 27, 2017
GAME TIME - 7:30 PM
Investors Group Field
315 Chancellor Matheson Rd
Winnipeg, Manitoba, Canada

Call the office for availability and seat choice. Space is limited, please let know how many seats.

Call/email the office with how many and what dates will be attending (adults & children). Priority will be given to members who have not attended a game before.

Davidk@cerebralpalsy.mb.ca
204-982-4842 or 800-416-6166
Deadline to register is July 20, 2017

BOCCIA FOR ALL

FOR WHO?

Intro to Boccia! Come out and play the game. All abilities welcome!

WHAT?

You are invited to an intro to **Boccia**, (/ˈbɒtʃə/ boch-ə) a precision ball sport, similar to bocce. The sport is contested at local, national and international levels, by athletes with physical disabilities. It was originally designed to be played by people with cerebral palsy but now includes athletes with other various abilities. In 1984, it became a Paralympic sport, and in 2008 was being practised in over fifty countries worldwide.

WHEN and WHERE?

Thursday, April 13th, 2017

Thursday, May 18th, 2017

Thursday, June 8th, 2017

from 6:30 pm to 8:00 pm

St. James Civic Centre
2055 Ness Avenue
Winnipeg, MB R3J 0Z2

FOR FURTHER DETAILS, PLEASE CONTACT:

- Maya Kirstein 204-258-6538; mkirstein@rccinc.ca
- David Kron 204-982-4842; davidk@cerebralpalsy.mb.ca

RSVP TO: Yvonne Kash 204-258-6500; yvonnek@rccinc.ca



Rehabilitation Centre for Children
1155 Notre Dame Avenue
Winnipeg, MB, Canada R3E 3G1
Tel: (204) 452-4311 Fax: (204) 477-5547
www.rccinc.ca



Manitoba Cerebral Palsy Sports Association

The RBC Therapeutic Recreation and Wellness program is part of RCC's LIFE program, and is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at www.crf.mb.ca



Therapeutic Recreation
and Wellness Program