

# INFORM



**The Cerebral Palsy Association of Manitoba**

## JUNE 2018

*Inside this issue...*

Westman News & Notes  
PAGE 3

Bike Race Stats &  
50/50 Draw – PAGE 5

Scholarship Recipient –  
Andrea Dyck – PAGE 6

Wheelchair Power Soccer  
PAGE 7

CPAM Sales Corner  
PAGE 9

CPAM Christmas Party  
PAGE 11

CPAM Supports Research  
in Manitoba – PAGE 12

## SAVE THE DATES

July 26<sup>th</sup> –  
Goldeyes Game

July 27<sup>th</sup> –  
Blue Bombers Game

August 10<sup>th</sup> –  
Blue Bombers Game

March 9<sup>th</sup> 2019 –  
Winnipeg Bike Race

March 16<sup>th</sup> 2019 –  
Westman Bike Race

## OUR TWENTY-NINTH CEREBRAL PALSY ASSOCIATION OF MANITOBA STATIONARY BIKE RACE, MARCH 10, 2018

Volunteers were the unsung heroines and heroes of CPAM's twenty-ninth Stationary Bike Race. The loyalty and hard work of everyone was marvelous from our captains and cyclists, to folks who checked everyone in and directed them, to those serving bagels, servicing bikes, massaging tired muscles, collecting money and recording statistics. It's an enormous group effort. Both David and I are awed by your loyalty, commitment and hard work.



From the start of September, when I cautiously re-open the files that I leave idle for most of July and August, until the digital ad appears on 201 Portage Avenue, January first putting a public face to our upcoming fundraising efforts, it's all hands on deck. Momentum builds and builds, escalating to a lively Bike Race Day, Saturday March 9th at the Wellness Institute.

Forty-five teams joined us this year including eleven new teams. Some of these are reconfigurations of old teams, who tire as all of us do, and

take a break. Some like **Friends for LIFE** and **Pro-Concept Coating Winnipeg** are new to the game. Medical and physiotherapy students are a grand addition to the mix: **Diane Bosc** captained **Manitoba Meds 2020 1 and 2**; **Rambel Palsis** organized **Team OT 2019**. Youthful energy bodes well for those whose children are no longer kids and for those newly diagnosed with CP. Contrary to government belief, cerebral palsy doesn't end when you turn eighteen. The need for ongoing support is clearly evident. Thank heavens for the **Cerebral Palsy Association of Manitoba** and for **David Kron** who runs it, caring for many individuals who could fall to the wayside without his daily encouragement and hands-on help.

To all our 600 volunteer captains and cyclists: thank you. We cannot do without your fundraising efforts and energy. To date, we have raised over \$200,000, with final calculations not made as people continue to contribute.

*continued on page 2*



# 2017 STATIONARY BIKE RACE *continued from page 1*



Our riders and captains couldn't do without their donors, fanners, water squirters and encouragers from **Brenda Gorlick**, our lively morning emcee to **Janet Stewart**, our quieter heroine who persuades us all to greater heights. Family, friends, co-workers, firemen and I can't imagine a CPAM Bike Race without **Jeff Bruce** and his **Winnipeg Firefighters team** and the no-less-essential **Bruce Family and Friends** who have been with us for 29 years. **Keith Potter's Investors Group** always adds a sophisticated layer of enthusiasm, scoring high in fundraising and kilometres ridden. They benefitted from former **Winnipeg Police Team Blue Spokes' captain Bill Ralph** and his speedy son, **Draycen** the magic bullet, the one who wins, whether it's his smile or his speed.



The **Great-West Life** team competed hard for top dollars garnered and the most km. cycled. They won it all this year: 336.2 km. and \$43,800 raised. Captain **Chad Fowlie**, a gentle but tough competitor, knows it's not all about statistics. We all learn a lot working alongside our members who live

with cerebral palsy every day and make our efforts matter. A crew of volunteers, including some diehards whom I am awed by, greet everyone and get waivers signed so I can use photographs for ads and Facebook postings, posters and other advertising media. Some loyal lovely ladies cut and served up more than 40 dozen bagels baked by **Rick Tucker** at the **Red River Coop**. A troupe of smiling **Pathfinders #408** assisted, as did **Bruce Oliver** who folded endless boxes, changed water jugs and got a little overwhelmed with the scale of it all. We need more folks on clean-up please. Call me if you're willing to help. Lucky for us, **Naomi Penner** is always there to help, whether it's buying more cream cheese or presiding over the Volunteer Lunchroom. Thank you all.



**Anthony Fernandes** is not a volunteer but as our photographer, he goes above and beyond the call of duty in recording everyone for posterity. This year, he loaned one of his cameras to **Noah Penner** with some guidelines. That mentoring spirit ensures that future generations enjoy the benefits we are enjoying today.

From the cloakroom, to the incentive prize table, to the **McDonalds** coffee-and-muffin table, volunteers continue to support our efforts. McDonalds has backed the Race from the start. I couldn't muster any door prizes without the joyful



support from **Tara Birch**, board member, organizer and mum to a host of hockey players and family who comprise the Lucy teams. This year, **Brett Birch** contributed some much-needed schlepping support by delivering more than 650 bottles of chocolate milk from the **Dairy Farmers of Manitoba**.

I'd be remiss if I didn't mention the **Pit Crew** and numbers folks, who move bikes in and out of position, adjusting seat levels and brakes and all the other minor gears and glitches that occur between 9:30 a.m. and 4:30 p.m. when the bikes go hard on our aging wind trainers.



Throughout the day, under the competent **Jonathan Wilson** and **Neil Haas**, the men and women in purple kept things going, collecting stats and feeding them to our tireless recorders. Thanks to **Chris Moffat** too for keeping our technology afloat and recording!  
*continued on page 5*

# WESTMAN NEWS & NOTES



The **Westman Committee of CPAM** had a busy fall and winter. The Cerebral Palsy Association celebrated the **25th Annual Stationary Bike Race** on March 17th. The total raised as of today is **\$51 062.61!** Well done to all the committee members, riders, volunteers and sponsors.

On November 4th, we held the **'Fall Family Retreat'**. Even with some inclement weather, over 50 families attended. We received financial support for the event from **Community Living Manitoba**, through the **Government of Canada, Employment & Social Development Projects**. We networked and shared stories on what has worked in advocating and finding the needed resources for successful life experiences. As a group we talked about developing a vision for your life, and developing plans to get there.

Through a partnership with **SMD and Manitoba Cerebral Palsy Sports Association**, CPAM held 8 sessions of **'Boccia for All'** in Brandon in both October and November for our members and others. It started small but the numbers grew as the sessions continued and word of mouth developed.

This year, CPAM was selected by the **Canadian Tire in Brandon** as a **'Charity of the Week'**. Our week was in March (5 – 11th), and over \$1000.00 was collected. The event also raised our profile in the Brandon area.

Along with Canadian Tire, we were again selected by the **Brandon Firefighters** to be one of three recipient charities of the **'Roof Top Campout'**.

The Campout was started 13 years ago in Edmonton to support MD (Muscular Dystrophy). The final total has not been announced yet, however it was great to participate and have the members of the Brandon Firefighters come down from the "roof" and join us at the Race. The fun continued after the Stationary Bike Race as we joined the firefighters at the Canad Inn Brandon for a Bud, Spud & Chicken dinner to celebrate the Roof Top Campout and the end of the Race.



## 2018 Westman Bike Race - Team Rank by Total Pledges

Rank	Team Name	Total Pledges
1	TiAiden's Turtles	16,185.00
2	Tia's Troop	10,230.50
3	Redneck Ryder's	6,535.00
4	Bryce and Maddy's Crushers	5,911.00
5	Baker's Dozen	5,547.06
6	Melissa's Marvels	2,393.00
7	Cody's Village People	2,030.25
8	Bryce & the Bobcats	1,149.00
9	Maddy's Mustangs	1,081.80
<b>Totals</b>		<b>51,062.61</b>



TEAM SUMMARY		2018 BIKE RACE (Race Day Results)		After Last Race	
TEAM NO.	Sorted By KM's TEAM NAME	KM'S	PLEDGES	KM'S x Pledges	
45	Great-West Life	336.2	\$40,030.00	13,456,085	
7	Investors Group	295.3	\$10,745.00	3,173,106	
17	Friends for LIFE	290.1	\$465.00	134,887	
41	WFD - Firefighters	281.1	\$10,583.00	2,974,881	
44	Saikel Squad	276.9	\$3,250.00	899,795	
3	Riders for Richard	261.1	\$5,370.00	1,401,892	
31	St. Paul's College Student Association	249.2	\$1,234.00	307,488	
23	Cambrian Cruisers	247.9	\$3,833.00	950,239	
20	Manitoba Meds 2020 #2	243.7	\$2,240.00	545,910	
6	CP Pedalers	233.3	\$3,452.00	805,421	
22	Heather's Hustlers	233.0	\$1,890.00	440,408	
4	EY	232.8	\$450.00	104,756	
32	Freedom Concepts	228.2	\$1,100.00	250,965	
21	Team OT 2019	226.7	\$1,020.00	231,254	
1	Parastorm	223.9	\$1,880.00	421,007	
42	InMotion Network	217.6	\$1,615.00	351,408	
30	Charlotte's Crusaders	214.9	\$2,890.00	621,003	
18	A.J.'s Riders	214.6	\$4,498.00	965,316	
11	CIGI	213.5	\$1,679.00	358,467	
12	Équipe de Marianne's Team 1.0	210.5	\$3,080.00	648,278	
15	Ryder's Riders	210.3	\$14,722.00	3,095,301	
27	Lucy's Express	208.9	\$1,000.00	208,890	
2	Robyn's Rollers	206.1	\$1,220.00	251,491	
9	Leegals Express	205.7	\$3,125.00	642,938	
13	Équipe de Marianne's Team 2.0	205.7	\$2,785.00	572,930	
19	Manitoba Meds 2020	205.0	\$1,315.00	269,614	
33	Robertson College Cyclopaths	204.8	\$1,435.00	293,931	
43	Warriors of Wellness	192.4	\$1,174.00	225,819	
10	Pitblado / Out-Spoke-N	191.6	\$2,805.00	537,494	
36	Kilometers for Kyrie	190.4	\$4,205.00	800,548	
34	Robertson College KranX	188.2	\$2,843.00	534,910	
38	St. Amant	184.3	\$1,025.00	188,938	
26	Lucy's Royals	184.0	\$800.00	147,192	
40	Bruce Family & Friends	183.4	\$8,365.00	1,534,225	
8	Prolific Predators	183.0	\$1,635.00	299,140	
24	Orangetheory Fitness Taylor / Lucy's F	173.5	\$400.00	69,396	
29	Lucy's Marauders	167.7	\$1,090.00	182,749	
37	Pro Concept Coating	166.3	\$1,356.00	225,530	
16	Andrew's Angels	162.0	\$2,130.00	345,017	
25	Lucy in the Sky with Diamonds	150.4	\$1,185.00	178,260	
5	Taylor McCaffrey LLP	146.4	\$4,975.00	728,241	
35	Kai's Pedal Pushers	144.7	\$6,598.00	954,995	
39	Ashley and Allyson's Angels	139.8	\$4,080.00	570,384	
14	Winnipeg Football Club	126.4	\$1,399.97	176,956	
28	Lucy's Bruins	113.0	\$1,595.00	180,299	

TOTAL

9364.4 \$174,566.97

# 2017 STATIONARY BIKE RACE continued from page 2

The Money Room has a life of its own, which I took some time to absorb. Throughout the day and missing the lively gym action downstairs, men and women, many from **KPMG**, collected cash, counted and assigned pledges. The Volunteer Lunch Room served burgers and salads to anyone who could steal a minute to eat.

**Robertson College** sent a cadre of massage therapy students. Their six tables were never empty.

Finally, let's not forget the year-round volunteers, who serve on our board of directors, meeting and making crucial decisions about how to allocate the money all of you raise for equipment grants, scholarships, support-worker grants, outings and activities organized by CPAM and a host of other new initiatives. Thanks for your attention to detail and unflagging optimism.

Next year is our thirtieth Cerebral Palsy Association of Manitoba

Stationary Bike Race. Our board president **Franck Blandignères** tells me it's a pearl anniversary. Please join us Saturday, March 9, 2019 at the **Wellness Institute**.

## BREAKOUT STATS:

- 45 teams, including two half teams
- \$200,000 and counting
- 9364.4 km ridden



Students at **Robertson College Massage Therapy Clinic** helped the CPAM Stationary Bike Race top the \$200,000 mark in pledges collected, when they handed over a cheque, collected during a clinic week at Robertson College, the Notre Dame campus. Massages there are only \$25 and, as any one of our cyclists could attest, are well worth the price. On April 26, **Marsha McMahon, Massage Clinic Coordinator** and **Debra Chartier, Head of Allied Health** at Robertson College presented the cheque to Stationary Bike Race coordinator Sarah Yates-Howorth at the CPAM office.



## THE 50/50 DRAW

In a new mini-fundraising game introduced during our annual Bike Race, the 50/50 draw was won by **Dustin Marks**, co-captain of **#Saikel Cycle Studio** team. Marks and his partner, **Mike Booth** are first-time sponsors of the Race. We can't promise such good



fortune to every new sponsor but we are delighted to welcome Dustin and Mike as sponsors and everyone who joined the team and cycled for CPAM. Congratulations Dustin! The total amount raised was \$2485.00, thanks to



the efforts of our wonderful sales team who worked the crowd with great success and good spirits. Thanks too to David Kron and other members of the Bike Race Committee who suggested the successful raffle. CPAM is also a winner, taking home half of the proceeds.

## **ANDREA DYCK - 2017 RECIPIENT OF THE ANDREW MALO MEMORIAL SCHOLARSHIP**



Recipient of two CPAM scholarships, Andrea Dick, “got hooded” Thursday, October 19, 2017 at the University of Manitoba, Bannatyne Campus. Appropriately, she wore a green hood, indicative of her status as having completed her Masters degree in Occupational Therapy.

When I first spoke to Andrea she felt herself anything but a “master” and described herself as feeling “more like a fawn, a bit wobbly on her feet like Bambi”, as she finds her way in the new field. Five months later, she describes herself below.

She moved to Sioux Lookout, ON, to assume her job as an occupational therapist (OT) on September second, a place she describes as in the middle of the forest: sometimes scary, yet always beautiful and awe-inspiring. A town of 5,000 located three hours from Kenora (or one hour north of Dryden), Sioux

Lookout is a “quaint, slightly back-woods, and very warm community.” Although the move was a radical one for the well-travelled lady (she attended school in Germany and received her own therapy in both Germany and Switzerland before coming to Canada), she is enjoying the challenges it presents. As part of an organization that services an area “roughly the size of France,” she has a caseload of more than 50 children.

Her clients include students from two local elementary schools, a high school, children from surrounding neighbourhoods, plus two communities three hours north of Sioux Lookout and several communities that are fly-in only. She travels and works closely with two speech-language pathologists, and another OT colleague, who are represented in the accompanying picture.

“It’s challenging, but...I’ve learned about myself, and sensed I was ready to accept this huge undertaking,” she explains.

“Understanding my own journey to readiness helps me approach a client, a teacher, and/or a parent, because if you are going to accept therapy, everyone involved needs to be ready to buy in. For each team member, this happens at a different pace. I’m learning constantly and feel blessed to work with such a supportive team of therapists. They not only help me process what I’m encountering, but also to connect to the community and feel included. They’ve invited me to join them for game nights, which are very popular here, and soon, I hope to get more involved with curling, which is a totally new sport for me.”

It’s a long way to travel between placement and full-time practice in less than a month but Andrea Dick appears confident and was more than ready to meet the challenges, perhaps because for anyone living with cerebral palsy, life itself poses some challenges.

Update (February 2018): Having just completed my 5<sup>th</sup> month on the job (That seems hard to believe!), I feel a little less Bambi-like now, but still have much to learn. This job keeps me humble, because, just when I think I’ve figured something out, a new curveball on a case brings me back to the drawing board!

## A NEW SPORT IN TOWN...POWER WHEELCHAIR SOCCER



In partnership with SMD, Manitoba Wheelchair Sports & CPAM, we had an event to try Power Wheelchair Soccer. This is new to Winnipeg and Manitoba.



**Gemma Yates – Howorth**, pictured, “I was kind of unsure about having something (a cage) on my power chair, however I loved it and I hope that we can play it again this year” In the fall, we will have another trial and hopefully have more regular sessions.

## GENEROUS FUNDRAISING INITIATIVE: ORANGETHEORY FITNESS ON TAYLOR STUDIO

Members of the Orangetheory Fitness on Taylor attended a special 90-minute workout, dedicated to raising money for CPAM. Money is by donation only during the session, held monthly for a different charity. The workout comprises half endurance and half strength and power, with a group personal fitness coach ensuring that those participating neither overtrain or undertrain. Sounds like a good deal for us all.



## THE BARRIER FREE FUND: COMING IN THE FALL OF 2018

The Cerebral Palsy Association has been given a gift from one our members, **Samantha Mitchell**, in order to improve the lives of others affected by CP. The goal of the fund is to eliminate the ‘mini barriers’ of life. We want to help with something that is not funded by traditional sources, that’s not ‘essential’, but would enhance quality of life. In August, look for more details of **The Barrier Free Fund**.

## 11TH ANNUAL INTERFAITH SHOAH COMMEMORATIVE SERVICE

Pam and David had the honour of being invited to the **Holocaust Commemorative Service** on Sunday, April 8 at the **Shaarey Zedek Synagogue**. We shared lighting a candle in memory of the people with disabilities that were murdered in the Holocaust. It was an interfaith service, and community leaders read from the *Yom Hashoah*, the Holocaust Scroll. Both Pam and David found it a moving experience.

*Photos by Robyn Shapiro Photography*



## BIKE RACE CAPTAIN PROFILE – KATHY BERNARD / RIDERS FOR RICHARD

### Scientist by day, Bike Captain by night

**Kathy Bernard** is the first Canadian woman to have a bacteria named after her: *Trveperella bernardiae*. (The *ae* after her name identifies her as female.)

The Ontario-born scientist currently works at the iconic white building on Arlington Street, known as the Canadian Science Centre for Human and Animal Health. Security is tight in the building for obvious reasons: every bag, every envelope and every human is scanned and checked. Passports are needed and kept for every visitor until they depart.

Kathy Bernard is also the captain of Riders for Richard (a bike team named in honour of her stepson, Richard Foster). The long-time scientist supporter is pretty low-key about her accomplishments at the National Microbiology Laboratory, where she has worked for so many years as a microbiologist specializing in bacteriology, first at the lab in Ottawa and since 1998, here in Winnipeg.

She lectures regularly about the difference between bacteria and viruses to students at the Bannatyne Campus, University of Manitoba,

where she has a cross-appointment, presents at international scientific conferences and recently delivered a public lecture in the McNally Robinson Community Classroom. The three key differences, as she explained them to me, are first in reproduction. Viruses need live hosts, like us, to reproduce, whereas bacteria can be grown in an ordinary lab-culture media. Size differences are also significant: viruses are 100 times smaller than bacteria and can only be seen with an electron microscope or by electron microscopy. Finally, the structures of viruses and bacteria are markedly different. Ordinary antibiotics can attack and kill bacteria. Viruses, like the common cold, are so different structurally they cannot be touched by the antibiotics used to kill bacteria. The latter fact has created bacteria that are resistant to antibiotics because of their over-use. Both bacteria and viruses mutate, which ensure virology and micro-biology labs, like Kathy's are kept busy.

At the lab, Kathy focuses on rare or novel bacterial pathogens, describing new species. Novel means that they have not been described in valid scientific literature; rare means they have been identified and described



but are nonetheless uncommon in occurrence.

“We get a couple of these cases a week from across Canada, since we are the reference centre for Canada,” Kathy explains. “Unlike in the thirties, these days the diphtheria bacteria tend to occur in skin infections, rather than in the throat.”

Diphtheria has significance to Canada. Although it was not identified here; Canada's vaccine was manufactured in sufficient quantity for a successful cross-country vaccination to eliminate the disease, a first in the world. Kathy Bernard is significant too in her support of CPAM's Stationary Bike Race. Every year, the team demonstrates their savvy as fundraisers and supporters. Thank you all.

### A SPECIAL THANKS...

In 2017, CPAM received a donation from the **Prairie Dawn Foundation**. The Foundation was started by the **Green Family**, in memory of **Dawn Green-Mckie**, the fund's goal is to give back to the community.

### THANK YOU TO ALL OF THE FOLLOWING FOR SUPPORTING CPAM

- Cerebral Palsy Association Members
- Government of Manitoba – All Charities Campaign
- City of Winnipeg Charitable Fund (Funded by Employees & Retirees)
- Winnipeg Foundation (Staff Jeans Day)
- Dr. Darcy Deacon Medical Foundation
- Brandon Jeans Day Participants
- Dreams Take Flight – Winnipeg
- Field of Dreams – Winnipeg Goldeyes
- The Prairie Dawn Foundation
- Haskett Growers (Winkler)
- Rural United Way – Morden & District
- Rural United Way – Altona / Gretna
- In Memoriam – Robert Payne
- In Memoriam – M. Pinchbeck
- In Memoriam – Ruth Delmage
- In Memoriam – June Cory
- Red River CO-OP
- Westman Group
- Canadian Tire Store #286 – Brandon
- Qualico – Acts of Kindness Grant

## WESTERN FASHION GROUP

# WFG 2017

***“If you’re not giving back to the community, it’s not worth working.”***

That’s the advice **John Wardell** and partner **Wayne Terry** were given when they bought the **Western Fashion Group**. Because of John’s cousin’s son, **Ryder Smith**, WFG chose the Cerebral Palsy Association of Manitoba Stationary Bike Race as their community benefactor. You’ve seen the simple logo: **WFG 2017**. The Western Fashion Group has enjoyed its first year as a sponsor.

So what is WFG? They are a manufacturers’ agent, the go-between between retailers and designers, based in Winnipeg and Vancouver. WFT represents nine fashion lines, supplying 450 independent fashion retailers throughout Manitoba, Saskatchewan, Alberta and BC plus five in Winnipeg and a few in

Thunder Bay and Fort Frances. It’s a hectic travelling life but John, who was a chef in a former life and who travelled the world, is accustomed to life on the run.

After growing up in Vancouver and going to school there, John spent a year learning Hebrew in Israel, then travelled the world and set up his operations here in Winnipeg, the geographical centre of North America. When he’s in Vancouver, he mountain bikes, loves riding his Harley and walks, enjoying his solitary time. Here, in Winnipeg it is another story.

Since babysitting Scott Smith as an infant, John is a favourite uncle in the Smith household. The family – Ryder’s Riders - are setting their own standards of excellence in fundraising. They have been among

the top five fundraisers for the past five years. Everyone rides for Ryder, one of two Smith twins.

“It’s a great cause to be associated with and the team is a knock-out the way it works. The Smith kids all work well as a unit and take good care of Ryder,” boasts John. This year, daughter Willa donated her birthday money to the team’s pledges, pushing them into second place as a fundraising team.

While the team races, John supports them, though he is generally on the road at the time and misses the Race. When he is at home, John likes comfort food and good Scotch.

“It’s a great feeling to be able to do this and that’s what it is all about.”

## CPAM SALES CORNER

### 4 WHEELED WALKER

For details, please contact  
Larry LeClair @ 204-421-3594.



### CONVAID STROLLER

Please contact Donna  
@ 204-257-1829.



### CUSTOM MADE BED FOR SPECIAL NEEDS CHILD

Mattress at waist height for  
changing. High clearance for lift.  
Front top panel folds down for  
access or locks up so child can  
not roll out. Solid birch legs, with  
birch plywood. Very well made.  
With single mattress. Price is  
\$225. Call 204-453-6444.



# TRYING TO ACHIEVE SYSTEMIC CHANGE

The old saying, “It takes a village to raise a child” applies in Manitoba, and on some days it feels like you need to add a lawyer to the village. Along with two of our members, the PILC (Public interest Law Centre) has filed a human rights complaint.

Complaints were filed at the Manitoba Human Rights Commission on 19 July 2016 on behalf of Tyson Sylvester and Amy Hampton. The complaints allege that Manitoba Health, Seniors and Active Living, Manitoba Families and the Winnipeg Regional Health Authority have failed to provide adequate services for Tyson and Amy as well as other adults with significant physical disabilities contrary to ss. 9(1), 9(3) and 13(1) of the *Manitoba Human Rights Code* (“Code”).

To update our members, the CP Association has supported the efforts of Tyson and Amy and PILC with organizing and hosting a series of meetings to gather information from families, individuals and service

providers about the gaps in service for adults. In last May’s newsletter ‘Inform’, I had given a schedule of events that both our lawyer Joëlle and I wanted to achieve. We met some targets and others were delayed. Currently, we have completed the following steps.

- We have had group meetings with service providers – to inform them that what we are doing and to gather more information and identify the gaps in service.
- We have hosted a meeting with individuals and Families
- We had a series of one-on-one meetings with key individuals and stakeholders.
- We hosted a survey via Survey Monkey to gather more individual stories and expertise.
- CPAM provided funding to PILC to hire a researcher to review programs and laws across Canada

There is still lots to do. We are waiting for the Human Rights Investigator to issue his report, hopefully in June.



Along with the report, we are planning a ‘raising awareness’ event, both a social media and mainstream media campaign, and moving forward with the HR complaint process.

If you want more information on the complaints please give David a call at the CPAM office.

**NOTE: I am looking for information. Do you use email as your main source of communication? I have had a complaint that WRHA now forbids the use of email through non-secure means of transmitting information due to PHIA. This blanket refusal is problematic because it may prevent individuals with a variety of disabilities from independently managing their health care. Have you had issues with other government agencies and departments, (such as EIA or your social worker)? If so, get in touch with me at the office.**



Reaching E-Quality Employment Services (REES) is a non-profit, charitable organization that connects People with Disabilities and/or Health Conditions with employment in Winnipeg.

**We are thrilled to announce our first annual**



Lunch ‘n Learns . . . alumni events . . . employer events . . . a social evening . . . are just a few of the highlights . . .

For more information about REES Services, Spirit Week Events, to reserve seats for Lunch n Learns, or to purchase tickets to the social evening contact:

**Reaching E-Quality Employment Services (REES) | 305-1200 Portage Ave. | Winnipeg, MB | R3G 0T5 / 204 832 REES (7337) / [ldabrowski@re-es.org](mailto:ldabrowski@re-es.org)**



## BDC CONTRACTORS

We Transport The Best  
People In The World



BDC Contractors Inc.  
204 298-5140

# CPAM CHRISTMAS PARTY

In anticipation of the Academy Lanes closure, we tried something new for our 2017 Christmas Party.

We held a **Winter Wonderland Dance** where we had **Milani Bresch (MJ the DJ)**, spinning out the tunes. Professional photos were offered by Winnipeg photographer **David McKnight**. Members and guests under 12 all enjoyed selecting a Christmas gift. As pictured, a good time was held by all!



# CONDUCTIVE EDUCATION

Conductive Education rehabilitation helps children and adults living with cerebral palsy gain **MOBILITY, INDEPENDENCE, and CONFIDENCE** while promoting **inclusiveness, positivity, and accessibility** for everyone.

Contact The Movement Centre of Manitoba for more information!

1646 Henderson Hwy, Winnipeg | 204-489-2679 | [movementcentre.ca](http://movementcentre.ca)

The Movement Centre of Manitoba  
Working Rehabilitation - Inspiring Lives

# CPAM SUPPORTS RESEARCH IN MANITOBA

At our October 2017 AGM, the CPAM launched three different research projects to learn about improving the quality of life for people that are affected by Cerebral Palsy. In May 2017, we put out a call for proposals, and received 5 requests for funding. The Board of Directors appointed a Research Committee, who reviewed all the proposals and made recommendations to the Board. The three proposals that were awarded are all different in their scope, target and study area. CPAM has awarded \$40,200.00 over two years to support these three projects.

**THE FIRST PROJECT is a retrospective medical chart review to determine the “Demographics of Manitoban Children & Youth with CP”.** The information is being gathered at The Rehabilitation Centre for Children; the researchers



want to determine the number of Manitoban children and youth living with CP, categorize their age, location (Health Region) and functional classification Level (GMFCS). The review will cover 2010–present. The chart review will aid clinicians in improving their assessment and documentation and help CPAM target areas for events and activities in Manitoba. It will also help the ongoing human rights complaints that CPAM is supporting.

**THE SECOND PROJECT is by Dr. Szturm and his research team. They are developing a pilot study assessing the feasibility of a computer-aided, game-based tele-rehabilitation platform for in-home therapy of hand-arm function.**



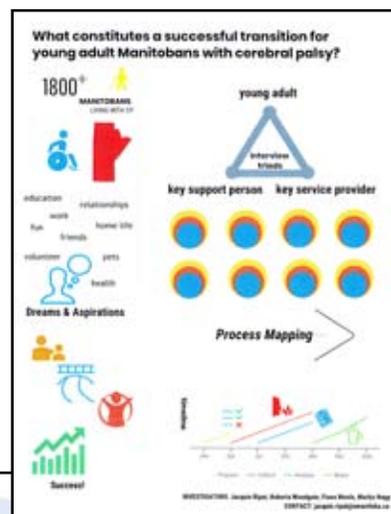
The main goal of the research is to focus on the evaluation of an innovative, engaging, computer game-based tele-rehabilitation that improves upper limb function in young children affected by CP. They hope to prove that this inexpensive, at home model will help children engage in positive exercise.

**THE THIRD PROJECT is by Dr. Jacquie Ripat. It is to study, “What constitutes a successful transition for a young adult Manitoban with CP”.**



Dr. Ripat and her team are going to interview a group of young adults and their key support persons and service providers. They hope to map the process and determine what the needed supports are to have a successful transition from high school to adult life.

**Write the office if you are interested.**



Are you a young adult with Cerebral Palsy or other neuromuscular condition who uses assistive technology\*?

A group of researchers are studying what constitutes a successful transition from child to adult services for young adult Manitobans with

If you are 18-30 years of age, speak/understand English, live in Winnipeg (have lived in Manitoba for at least 10 years) and are willing to spend 60 minutes sharing your experiences, please contact us!

For more information or to participate in this research, please contact Dr. Jacquie Ripat

Email: jacquie.ripat@umanitoba.ca  
Phone: 204-789-3303

UNIVERSITY OF MANITOBA

\*e.g., manual or power wheelchair, cane or crutches, augmentative or alternative communication device, adaptive computer access devices, or any other device used for primary augmentation or replacement of daily function.

THE CEREBRAL PALSY ASSOCIATION OF MANITOBA  
INVITES YOU TO A  
**WINNIPEG BLUE BOMBERS GAME**



DATE - FRIDAY, JULY 27, 2018  
GAME TIME - 7:30 PM

INVESTORS GROUP FIELD  
315 CHANCELLOR MATHESON RD  
WINNIPEG, MANITOBA, CANADA

---

THE CEREBRAL PALSY ASSOCIATION OF MANITOBA  
INVITES YOU TO A  
**WINNIPEG BLUE BOMBERS GAME**



DATE - FRIDAY, AUGUST 10, 2018  
GAME TIME - 7:30 PM

INVESTORS GROUP FIELD  
315 CHANCELLOR MATHESON RD  
WINNIPEG, MANITOBA, CANADA

---

Contact David via email [davidk@cerebralpalsy.mb.ca](mailto:davidk@cerebralpalsy.mb.ca) or  
call the office at (204) 982-4842 or 800-416-6166  
for availability and seat choice.

Space is limited, please let us know how many adults and children  
and what game date(s) you would like to attend.

Priority will be given to members who have not attended a game before.



---

THE CEREBRAL PALSY ASSOCIATION OF MANITOBA  
INVITES YOU TO A  
**GOLDEYES GAME**



VS



DATE - THURSDAY, JULY 26, 2018  
GAME TIME – 7:00 PM

SHAW PARK  
ONE PORTAGE AVENUE EAST  
WINNIPEG, MANITOBA, CANADA R3B 3N3

GET GAME TICKETS AND A VOUCHER FOR HOT DOG & DRINK.  
SPACE IS LIMITED.

---

Contact David via email [davidk@cerebralpalsy.mb.ca](mailto:davidk@cerebralpalsy.mb.ca) or  
call the office at (204) 982-4842 or 800-416-6166  
to let us know how many adults and children would like to attend.

Deadline to register is July 16, 2018.