



CEREBRAL PALSY ASSOCIATION OF MANITOBA

# inform

ISSUE 3 • NOVEMBER 2019

inform yourself about what's happening at the CPMB–Cerebral Palsy Association of Manitoba!

## INSIDE Westman News Prize Day & more!

### CPMB Update

It has been awhile since the newsletter was released. We have been busy, so let me take the opportunity to update you all. First, our logo. The old one had been around for at least 25 years, thanks to UPhouse we have a new design and an updated logo. We will be slowly be changing from 'CPAM', (another organization uses this), to CPMB (Cerebral Palsy Manitoba). We have purchased this domain name and we will transition to using CPMB exclusively.



CEREBRAL PALSY ASSOCIATION OF MANITOBA

Our plan is to update the logo as we change the marketing items, for example the

new look for 'Inform'. However, we still have the old logo on signs, banners and other materials, so we will be seeing a mix of items for the next few years.

Second, I have enclosed a very important survey in with the newsletter. I am hoping that you fill it out, for two reasons. Firstly, I need the information for the LOCKED OUT OF LIFE Campaign and the human rights case, we need to show the systemic nature of the case and that it just doesn't affect Amy and Tyson. Second is that I want to know about your housing needs and planning for the future. The Association has hired two individuals, Margy Nelson & Shelley Betton, to do a feasibility study on developing accessible, affordable housing for our members in the next few years. It is very important that we develop a clearer picture of your situation and dreams, and how we can be a partner for change.

If the feasibility study comes back to the Board of Directors with a clear path forward, we will have an evening meeting to get ideas and to move the process along.

CONTINUED ON PAGE 2



[www.cerebralpalsy.mb.ca](http://www.cerebralpalsy.mb.ca)



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## CONTINUED FROM PAGE 1

Our ultimate goal might be to have a capital campaign and build a building. PLEASE FILL OUT THE SURVEY!

Third, it was a very busy summer, I was on the steering committee for the Disability Matters Vote campaign.



THANK YOU for your participation, your action, and your support. The campaign did make the political parties listen! It was great to see action across the whole province in every riding, and viewed and discussed by thousands of Manitobans.

As part of the campaign I did have the opportunity to meet with all the party leaders and voiced our message that, **"Who Matters – We Matter"**! If we do not keep the pressure on government we will slide back. I am working with Barrier Free Manitoba, consulting on reforms to EIA, and keeping the government on track for their promises.

In the newsletter you will see that we were active in giving out grants, having workshops, events for members and having fundraisers for the Association. We had a series of workshops on mental health called "Filling up your Mental Health Toolbox". In partnership with Canadian Council on Rehabilitation and Work (CCRW), CPMB held an evening for finding employment

on job search and accommodation. In the summer, we hosted a night out at a Goldeyes Game, and explored our creative side with professional artist and instructor Colleen Leduc.



**If there is an activity or event that you want us to try to please let me know!**

As you know, CPMB has partnered with the Society of Manitobans with Disabilities and Rehabilitation Centre for Children's LIFE program to bring you recreational programming, such as Boccia, Social nights, and programming in Westman. Please keep an eye out for more dates in the New Year!

I met with some of Cerebral Palsy Associations across Canada in St. Jean QC in early October. The

Associations across Canada are working on developing a national organization or an affiliation structure for all of us to work together on a national scale. We are looking at developing best practices, partner on research, and talk

to government on policy, like Bill 81 – The Canada Accessibility Act. We also heard from researchers from Laval and McGill Universities. We are always looking for partners and good outcomes. These talks are ongoing and I will keep you all in the loop. ☐



## CPMB BRAND GOAL – Cerebral Palsy Association of Manitoba – CP Proud.



Our dream is to get to a place where a cerebral palsy diagnosis is celebrated – and we're willing to battle with government, gather a loud and proud community, operate lean, and drum up long-term partnerships and fundraising dollars to get there.

If we want research done, we have to fund it. If we want better supports for adults with physical disabilities, we have to demand it. That's why it's a good thing our members are used to powering through challenges to get things done.

The bigger and louder our membership is, the more we can do to change the world around us, so we no longer have to adapt to it. It can adapt to us and see what our community has always been capable of. ☐

## Westman News & Notes

Our Westman Chapter been busy also. On October 5<sup>th</sup> we held our family retreat with members from all over Western Manitoba. During the day we hosted two speakers. Suzanne Swanton came from Continuity Care, and she explained the Registered Disability Savings Plans (RDSP) and reviewed the benefits of the RDSP. Second, we had Chris Rootsart from TenTen Sinclair speak about looking for housing in Brandon and explaining what supports are out in the community to help members live independently.

We had a great dinner of chicken, ribs and delicious cheesecake, where members shared stories and met each other. A huge highlight was being entertained by 'The Bubble Man', who delighted everyone with soapy fun.



Mr. Paul McGregor in Brandon had an art show, to present his art. Paul, a member of the Association, donated the proceeds from his art sales. ☺



## Making a More Accessible Community

The Cerebral Palsy Association Westman Committee was able to donate a third set of doors to create a more accessible environment for wheelchair curlers in Brandon. The Cerebral Palsy Association gave a grant to the Keystone Centre in Brandon to add two sets of accessible power door openers. Though accessible doors may seem like a part of life for some of us they are very much appreciated by the curling athletes.

"I think the addition of the new doors is wonderful," says Ryan Sturgeon, Chair of Brandon Wheelchair Sports & Leisure. "It's actually breaking down some barriers, because it's hard for people when they have mobility concerns or disability to go out to events, and having things made more accessible – having the environment made more accessible – is really encouraging, and really promotes an all-inclusive atmosphere and attitude that is really important to encourage people to come out".

We face barriers every day, often silently. Having a voice and visibility in the community is so important as we continue to prove that we belong in every space and every aspect of society. The new doors at the Keystone is another example of how our Bike Race and the funds raised through it continue to change the lives of people in our community.

The funds were donated to the CP Association through the partnership with the Brandon Firefighters Campout Campaign. Thanks goes out to those brave and generous men and women.



**Pictured (from left):** Chris Brandon – Curler, Ken Gill – Curler, Jeff Schumacher – Keystone Centre, Tom Czerkawski – CPMB, David Kron – CPMB, Lori Nevins – Wheelchair Curling Volunteer, Gilbert Perez – Curler.

# Our 45<sup>th</sup> Birthday

Our 45<sup>th</sup> Annual General Meeting – 45 years of the Cerebral Palsy Association of Manitoba. Who would've thought we would make it this far? Thank you to all the members, volunteers and board members who have made 45 years of CPMB possible. My biggest fear is that I will plan an event and no one will show up! You keep showing up, so thank you.

Our birthday party was awesome! It was great to see over 45 members who came out to help us celebrate. Thank you to Susana, who cut the cake into pieces using her protractor! We were all glad to have a very equal piece.



Byron Williams from the Public Interest Law Centre gave us an update on the 'Locked Out of Life' human rights complaint. The complaint will be going forward. The

campaign which goes along with the "Locked Out of Life" complaint has won multiple advertising awards, two provincial awards and two national awards. It has increased the conversation around independent living in the community and is reinforcing the fact that "all of us are stronger than one of us".

Bill Muloin - SMD's Leisure and Sports Coordinator spoke about the different programs that CPMB has supported and/or had participants in. Such programs



include: Dance, Curling, Sledge Hockey, Wheelchair Basketball, Power Wheelchair Soccer, and Boccia Ball.

Matt Solvason, Treasurer of the Board, went over some of the most important parts of the 2018-2019 audited financial statements for us. A quick overview shows:

Revenue	\$413,614.00
Expenses	\$387,772.00
Surplus	\$ 25,843.00

As our 50<sup>th</sup> anniversary is fast approaching if you have any ideas of what you would like to see and or do feel free to let me know. ☐



# CPMB Update

When I started at the CP Association, I asked these questions:

**HOW many people in Manitoba live with Cerebral Palsy?**

**WHERE do you live?**

As one of our research projects, CPMB asked the Rehabilitation Centre for Children to do a chart review of their patients.

Here are some of the results:



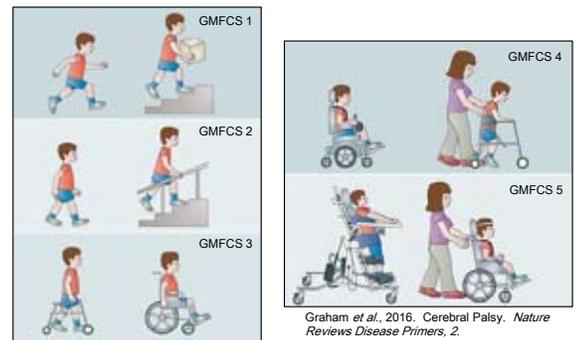
## Services for Children and Youth with Cerebral Palsy at the Rehabilitation Centre for Children

The Rehabilitation Centre for Children (RCC) in Winnipeg is a community-based health centre that has many programs and services available for children and youth with Cerebral Palsy, including Assistive Technology Clinic, Child Development Clinic, Feeding Clinic, Neonatal Follow-Up Program, Orthopedic Clinic, Orthotics, Recreational Programming, Spasticity Clinic, Specialized Communication Resources for Children, Spine Clinic, and Therapy Services (Occupational Therapy, Physiotherapy, and Speech Language Pathology)

**We did a research project to find out how many children and youth with CP receive services from RCC, where they live, and their Gross Motor Function Classification System (GMFCS) level**

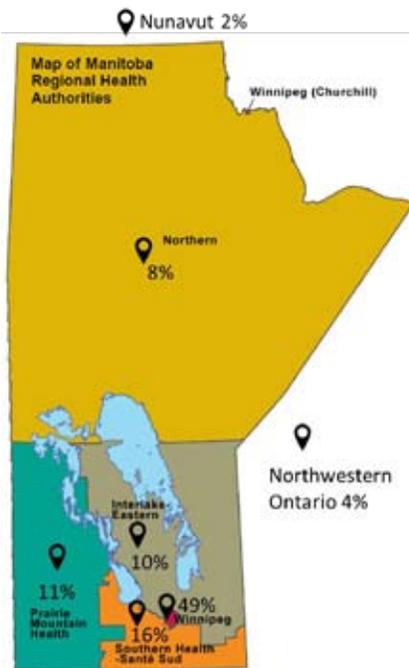
### What is the GMFCS?

- It was created at CanChild in Hamilton, Ontario
- It describes gross motor skills (like walking) using 5 levels
- It gives clinicians and families information about what a child can do, and what types of equipment or mobility aids a child may use in the future



Graham et al., 2016. Cerebral Palsy. *Nature Reviews Disease Primers*, 2.

### Where do our children and youth with CP live?



### Out of every 9 children and youth with CP, how many have each GMFCS level?



### Why is this information important?

- We are working with our therapists and clinicians to make sure every family knows their child's GMFCS level
  - Knowing this helps families plan for the future, for example, by knowing what types of equipment their child may need later in life
- We can better plan what services to offer families if we know how many children and youth use our different programs and where they live
  - For example, to offer services outside of Winnipeg
- Knowing how many children and youth with CP we see and what services and equipment they use will help us plan future research projects

This project was conducted at the Rehabilitation Centre for Children in SSCY Centre, and was funded by the Cerebral Palsy Association of Manitoba (CPAM). If you would like more information about this project, please contact the RCC Research Coordinator Jessie, at (204) 258-6717 or jshea@rccinc.ca. If you would like more information about CPAM and their services, please contact their Executive Director David, at (204) 982-4842 or davidk@cerebralpalsy.mb.ca.



# Prize Day 2019

It all started with a dance: a performance from the All Abilities Dancers and Studio Singers, under the auspices of choreographer and dancer, Brenda Gorlick. The troupe including eight of our members practice and perform throughout the year but it was a first for one of our events. The



performance moved the audience to tears and hearty applause.

CPMB's fifth annual Prize Day, held at the GWL Conference Centre, 100 Osborne Street North celebrated the loyalty of the Association's sponsors, volunteers including our board, our captains and cyclists who are our major fundraisers. Canada Life, formerly Great-West Life has been the Stationary Bike Race's presenting sponsor for thirty



years. This year, the Great-West Life team led by captain Chad Fowlie topped the charts in cycling 358.16 km. and raising a record \$48,4888. Wow!

Prize Day gives the Bike Race organizers David Kron and Sarah Yates-Howorth the chance to thank all of our loyal sponsors, captains, cyclists and fundraisers, as well as

our volunteers. Without your work, the Race could not succeed.

The Smith family's team Ryder's Riders came in second for their fundraising efforts; IG Wealth Management led by co-captains Keith and Mitch Potter came in third. Though we applaud these successes heartily, none of the other teams' amazing efforts are dismissed. This was our best year ever, thanks to all of you. We raised \$230,324.68 which enables the Association to give out more scholarships and equipment grants. Already we have more requests than we can currently meet but the Board and ED David Kron continue to budget and process as many applications as financially possible.

Nor are individual fundraisers forgotten for their efforts. IG Wealth Management's Todd Asman took home a glorious hand-blown bowl by Bonnie Heath. Mitchel Potter took home some Goldeyes' tickets, thanking us graciously with the support of his I-Pad. The Ehnes family Rebecca, Nathaniel with babe in arms and David also enjoyed the



Goldeyes over the summer, with our help. Finally, Kathy Bernard, our inveterate world scientist and team captain was

presented with some Manitoba Chamber Orchestra tickets. We know Richard and she enjoy both music and cycling.

Red River Coop has been a proud sponsor of the Race for the past year, with their contribution increasing yearly. In



collaboration with CPMB and Freedom Concepts we literally doubled our assistance.

Jenny and

Jessica Kowalson are identical twins and when you meet them, you do a double take because although they look so alike. However, their lives they are very different. Jennifer lives in her own apartment, works in city schools as an educational aide and works in the summer for the Rehab Centre for Children. To facilitate this work, she needed a bike. Doug Wiebe, CEO of Red River Coop proudly presented her with a custom-built Freedom Concepts three-wheeled bike. Things are set to change for Jessie too. We presented her with an I-Pad Pro to facilitate her communication through texting, email and speech.

"I've been speaking up for my sister for 26 years but this is a game changer for us both," Jen told a captive audience. "Her grin tells me how excited she is at this gift. I know Jessie; this is just the beginning of what she is going to share with us all."

As invited guests and proud parents, Warren and Helen Kowalson couldn't contain their glee.

The Wellness Institute has hosted the CPMB Stationary Bike Race for more than a dozen years. Board chair, Franck Blandigneres presented them with one of the limited-edition pedestal bowls by ceramicist



Valerie Metcalfe. As Karin Whelan said, "the Wellness Institute is geared to helping individuals optimize their health, whether through rehabilitation, disease prevention or enhancement of their health outcomes. The CP Bike Race is our way of showing support to an organization, which encourages the mental and physical activities of its members and giving back to the community."

Finally, we honoured a family who has faithfully ridden for the Bike Race since their student days at St. Paul's High School when teacher Larry Franz suggested they enter a team. Since then, Matt, Jeremy and Tommy Semchyshyn have all captained teams from St. Paul's High School, St. Paul's College and various alumni teams, working closely with the Bosc family. Larry Franz presented them with one of Metcalfe's



glorious bowls and, in turn was surprised when David Kron presented him with a bowl of his own. Thanks Larry for all of your efforts, continuing through your involvement with the Pit Crew. It takes families like these to keep the race running wild and free and fruitful.

My final thanks go to my loyal opera companion and faithful friend, Linda Freed. When I shared with her my desire to raise funds for a performance by the All Abilities Dancers and Studio Singers, she graciously offered to help. Linda Freed underwrote half of all Prize Day costs, including food and photography. Thank you, Linda. ☐

## Party at Fort Gibraltar

St. Boniface's replica Fort Gibraltar hosted our first Know No Limits mid-summer feast on Thursday, July eleventh. After everyone was greeted by organizers John Wardell, Wayne Terry and Erin Smith-Skulimowski of the Western Fashion Group (co-sponsors for the sparkling event), guests visited volunteer Fire Fighters posing for shots or tried hatchet throwing with a Fort volunteer. Others enjoyed conversation and a pre-dinner drink.

The Fort interior sparkled with black-and-white table linen and spectacular white flower arrangements of hydrangeas and roses. Guests' round tables were surrounded on two sides by a host of amazing silent-auction items. John and Erin had collected a remarkable array of prints, leather goods, gift certificates and other beautiful and exotic objects d'art, generously donated by WFG clients and friends, which tempted us all to buy tickets. The event welcomed a whole new crowd of supporters for the Cerebral Palsy Association of Manitoba.

Fort Gibraltar was a picturesque setting for the party organized by John Wardell and Wayne Terry; (WFG is also a sponsor of the Stationary Bike Race). A light show and deejay dazzled and entertained. The sumptuous four-course dinner, featuring local ingredients, was enjoyed by more than a thousand guests. Comedian Big Daddy Tazz brought his wit and his son Tyler to urge folks to "empty your wallets for a good cause". His humorous take on life as a comedian

and as a family member had the audience listening, laughing and following his directive to contribute. The event raised over \$23,000 with its combination of sponsors, donors, ticket holders and participants in the silent auction.

Mayor Brian Bowman dropped in; Senator Pat Bovey stayed the night and enjoyed the dinner. Scott Smith spoke eloquently, giving inspiration to all of us living with CP and urging us to vote. The video Locked Out of Life brought tears to many people's eyes. Fireworks punctuated the night as we all drifted home. Others danced the night away.

Thank you, John Wardell and Wayne Terry, co-owners of Western Fashion Group for your organization, enthusiasm and financial assistance in hosting the successful fundraiser. Thank you Erin Smith Skulimowski whose organizational efforts and warm smile helped all the small jobs meld with the bigger ones to produce a great evening. Thank you David, who ended up schlepping stuff, with the rest of us. Thanks to Lina Calderone who volunteered in the event set up and later for shared the evening with husband, Martial Caron. Thank you everyone who helped as a guest, a donor, a dancer or a volunteer and one of the crew. It was a fun evening. ☺



### ALL CHARITIES CAMPAIGN - PROVINCE OF MANITOBA

This system provides current and retired employees of the Manitoba Government and its affiliates with a convenient method of giving annually to registered charities of their choice. These donations can be made through payroll deduction. All you need to do is request that your

donation be directed to Cerebral Palsy Association of Manitoba (Charitable Business Registration No. 10690 4212 RR0001). The CPMB is listed as [C040] in the All Charities Campaign Catalogue. See the online catalogue at <http://www.allcharitiescampaign.ca/catalogue.html#C>

## Seeking Personal Care

Samantha Mitchell, a member of the Cerebral Palsy Association of Manitoba is requesting an able-bodied female to attend Saint Benedict's monastery and retreat centre with her from August 11-14, 2020. The location is in West St. Paul.

Seeking female willing to do personal care and use the Hoyer lift. Must also be willing to help with craft projects, games and go for a nature Walks. Etc.

All accommodations and food are free of charge to the attendant. In addition Samantha's Attendant Will receive \$1400 for assisting her over this three-day time span. The attendant will also receive at least a one-hour break for a day and sometimes longer.

Saint Benedict's is a quiet and respectful environment. A person does not have to be religious to stay there. The attendant is not expected to go to church with Samantha.

Anybody who is interested should **contact Samantha at 204-793-9605 by February 1, 2020.**

## Thanks for your Support

### THANK YOU FOR ALL FOR SUPPORTING CPMB!

Cerebral Palsy Association Members  
Government of Manitoba –  
All Charities Campaign  
City of Winnipeg Charitable Fund  
(Funded by Employees & Retirees)  
Dr. Darcy Deacon Medical Foundation  
Brandon Jeans Day Participants  
Mr. Paul McGregor  
Brandon Firefighters Camp-out Campaign  
Dreams Take Flight – Winnipeg  
Field of Dreams – Winnipeg Goldeyes  
Western Fashion Group  
Manitoba Hydro  
Starbuck All Charities  
The Prairie Dawn Foundation  
Linda Freed  
Tracy Taylor –  
Andrew Malo Memorial Scholarship  
Queenston School – Freezie Day  
Rural United Way – Morden & District  
Rural United Way – Winkler & District  
In Honour of Brooklyn  
In Memoriam – Todd Bullee  
In Memoriam – Carrina Selinger  
In Memoriam – Ms. Bonas  
In Memoriam – Mr. John Willcock  
In Memoriam – Mrs. Joan Speirs  
In Memoriam – Paula LePape  
Red River CO-OP  
Westman Group  
Canadian Tire Store #286 – Brandon  
Qualico – Acts of Kindness Grant

## CPMB Sales Corner

### WALKER FOR SALE

Interested? Call **Larry**  
@ **204-505-2450**



# BOCCIA FOR ALL

## FOR WHO?

Intro to Boccia!  
Come out and play the game.  
All abilities welcome!



## WHAT?

You are invited to an intro to **Boccia**, (/bɒtʃə/ boch-ə) a precision ball sport, similar to bocce. The sport is contested at local, national and international levels, by athletes with physical disabilities. It was originally designed to be played by people with cerebral palsy but now includes athletes with other various abilities. In 1984, it became a Paralympic sport, and in 2008 was being practised in over fifty countries worldwide.

## WHEN and WHERE?

Thursday, October 10<sup>th</sup>, 2019  
Thursday, November 14<sup>th</sup>, 2019  
Thursday, December 12<sup>th</sup>, 2019  
Thursday, January 9<sup>th</sup>, 2020

Thursday, February 13<sup>th</sup>, 2020  
Thursday, March 12<sup>th</sup>, 2020  
Thursday, April 9<sup>th</sup>, 2020  
Thursday, May 14<sup>th</sup>, 2020  
Thursday, June 11<sup>th</sup>, 2020

## TIME

from 6:30 pm to 8:00 pm

## LOCATION

Sergeant Tommy Prince Place  
90 Sinclair Street  
Winnipeg, MB R2X 1X1

## FOR FURTHER DETAILS, PLEASE CONTACT:

• David Kron 204-982-4842; davidk@cerebralpalsy.mb.ca

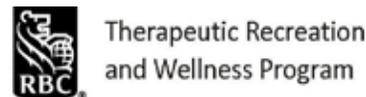


Rehabilitation Centre for Children  
1155 Notre Dame Avenue  
Winnipeg, MB, Canada R3E 3G1  
Tel: (204) 452-4311 Fax: (204) 477-5547  
www.rccinc.ca



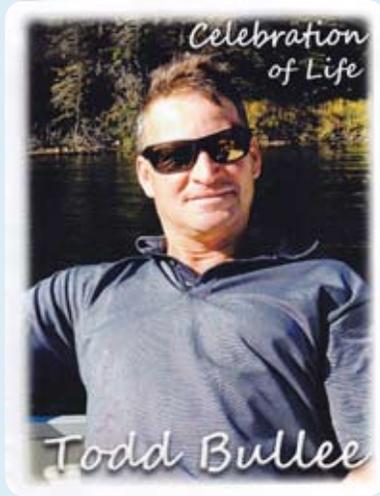
## Manitoba Cerebral Palsy Sports Association

*The RBC Therapeutic Recreation and Wellness program is part of RCC's LIFE program, and is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)*



# In Memorium: Todd Bullee

The Cerebral Palsy Association and the Brandon community lost someone special this spring. Todd was an avid supporter of the CP Association. For many years he was a rider and volunteer at the Westman bike race. Todd brought his cheerful presence and helping hand to everything he was involved in. Giving back to the Community was a lifelong passion of his. He will be missed. Our condolences go out to his family and friends.



**THANK YOU WINNIPEG! CYCLISTS RAISED OVER \$230,324**

**Cerebral Palsy STATIONARY**  
**bike2Grace**  
30 Years THE Great-West Life ASSURANCE COMPANY

After 30 years, the CPAM Stationary Bike Race still rocks. 50 captains with teams of 14 cyclists raced to raise over \$230,324. Funds help the Association raise awareness, fund research, undertake advocacy and work to make the lives of 2500 Manitobans, living with CP, just a little bit easier.

**THANKS DONORS & SPONSORS**

- Great-West Life Assurance Company
- McDonalds Leila
- The Wellness Institute
- Taylor McCaffrey LLP
- Saikel Indoor Cycle Studio
- CBC Radio-Canada Manitoba
- Western Fashion Group 2017
- Dairy Farmers of Manitoba
- Winnipeg Blue Bombers
- Freedom Concepts Inc.
- Genumark
- InMotion Network, Physiotherapy Clinics
- McDonalds Southdale
- Red River Co-op
- Winnipeg Free Press
- Steingarten & Company LLP, Chartered Professional Accountants & Business Advisors
- United Fire Fighters of Winnipeg, Local 867
- Nancy Krahn, Avon
- Marie Birch
- The Canister on Osborne
- Bonnie Heath, Gypsy Soul Glass, Heather's Hustlers
- Rick Tucker, Baker Extraordinaire, Red River Coop
- Light Visions
- Katherine Buck and Glen Salzman, Montreal

**SEE YOU IN 2020**

APPROXIMATELY 50,000 PEOPLE IN CANADA LIVE WITH CP • DONATE AT CEREBRALPALS.MB.CA



**WE ARE HERE FOR YOUR NEXT OUTING**

- Airport Service
- Sightseeing
- Shopping
- Weddings
- Graduations
- Anniversaries
- Sporting Events
- Concerts
- Nightclubs
- Medical appointments
- Funerals



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**info@sunshinetransit.ca**



27<sup>TH</sup> Annual Westman Stationary Bike Race



**CEREBRAL PALSY  
ASSOCIATION OF MANITOBA**

**SAVE THE DATE**  
**SATURDAY MARCH 21<sup>ST</sup>, 2020**

Cerebral Palsy  
STATIONARY  
**bike Race**  
canada *life*



**CEREBRAL PALSY  
ASSOCIATION  
OF MANITOBA**

**SAVE THE DATE**  
**SATURDAY MARCH 14<sup>TH</sup>, 2020**



[www.cerebralpalsy.mb.ca](http://www.cerebralpalsy.mb.ca)



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Toll free 800-416-6166  
Fax 204-982-4844  
Email [office@cerebralpalsy.mb.ca](mailto:office@cerebralpalsy.mb.ca)

903 - 213 Notre Dame Ave.  
Winnipeg, MB R3B 1N3

# CPMB Members Demographic Survey

The Association has contracted Margy Nelson and Shelley Betton to do a feasibility study on developing accessible, affordable housing for our members. Margy and Shelley are gathering data in order to "build a case" to the Board of Directors both private and public funders; the completion of this survey will demonstrate the "need".



**SURVEY DEADLINE: DEC 6<sup>TH</sup>.  
YOUR ATTENTION TO THIS SURVEY  
IS GREATLY APPRECIATED.**

We are also sending out this survey to determine the systemic nature for the Human Right Complaint. So please fill the survey even if you are satisfied with your housing situation. I can send this in alternative formats if requested.

**Please fill out survey and return in self-addressed envelope – Please keep it anonymous.**  
Survey questions for adults with CP - age 18  
(if you are turning 18 in 2020)

- **Do you qualify for CLDS (Community Living Disability Services) YES / NO**
- **Are you involved with an organized day program? YES / NO** If YES, please provide the name of the program and the extent to which you attend on a weekly basis. \_\_\_\_\_

If NO, how do you occupy your time throughout the day? \_\_\_\_\_

- **Do you still live with your parents / guardian? YES / NO**
- **If Yes – Do you require a caregiver? YES / NO**  
If YES, who is your main caregiver and what are your personal needs? \_\_\_\_\_

If NO, where do you live, and who looks after your needs? (Example: Supported

residence, apartment, house, shared accommodation) \_\_\_\_\_

- **If you live at home, would you like the opportunity to move out? YES / NO**  
If YES, would you prefer to live in a communal home environment with a group of people (able bodied and disabled), or in a private accessible home? Please explain your reasons. \_\_\_\_\_

- **If you are already living away from your parents' home, would you be interested in moving into a communal home environment with a group of people (able-bodied and disabled)?** Please explain your reasons. \_\_\_\_\_

- **Do you face loneliness and isolation in your life? YES / NO** Additional comments: \_\_\_\_\_

- **Do you deal with depression? How are you presently dealing with it?** \_\_\_\_\_

- **What do you receive in EIA monthly?** \_\_\_\_\_ Does this include rent? YES/NO

- **What do you receive for biweekly care? (Homecare)** \_\_\_\_\_ Hours ; \$ \_\_\_\_\_

- **Is your home care self-administered? YES/NO**
- **Do you wish to provide additional information / comments that may be helpful.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- **Tracking Information:** \_\_\_\_\_ Age /  
First part of our postal Code R \_\_\_\_\_

**THANK YOU!**